

Pool Schedule

May 25th – May 31st 2026

Revised 1002 hrs 5/20/26

MON 25	TUE 26	WED 27	THU 28	FRI 29	SAT 30	SUN 31
CLOSED FOR MEMORIAL DAY	Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP	Lap Swim 4:30am – 6:00am 6 LAP	Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP	Lap Swim 4:30am – 6:00am 6 LAP	Lap Swim 7:00am – 9:15am 6 LAP	Lap Swim 12:00pm – 2:15pm 6 LAP
	Lap Swim 5:15am – 6:00am 6 LAP	GUARD BREAK 6:00am – 6:15am	Lap Swim 5:15am – 6:00am 6 LAP	GUARD BREAK 6:00am – 6:15am	GUARD BREAK 9:15am – 9:30am	Blue Wave Divers 1:00pm – 3:00PM 3 LANES/3 LAP
	GUARD BREAK 6:00am – 6:15am	Lap Swim 6:15am – 9:00am 6 LAP	GUARD BREAK 6:00am – 6:15am	Lap Swim 6:15am – 9:45am 6 LAP	Lap Swim 9:30am – 2:00pm 6 LAP	GUARD BREAK 2:15pm – 2:30pm
	Lap Swim 6:15am – 9:45am 6 LAP	Total Body(Faith) 9:00am – 9:45am 4 LANES /2 LAP	Lap Swim 6:15am – 9:00am 6 LAP	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 2:00pm – 2:15pm	Lap Swim 2:30pm – 4:45pm 6 LAP
	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 9:45am – 10:00am	Total Body(Faith) 9:00am – 9:45am 4 LANES /2 LAP	Lap Swim 10:00am – 12:00pm 6 LAP	Lap Swim 2:15pm – 4:00pm 6 LAP	CLOSED 4:45pm
	Lap Swim 10:00am – 3:00pm 6 LAP	Fun and Fit (Faith) 10:00am – 10:45am 4 LANES /2 LAP	GUARD BREAK 9:45am – 10:00am	Blue Wave Divers 12:00pm – 2:00PM 1 LANES/5 LAP	Rec Swim Meet 4:00pm – 5:00pm 6 LANES	
	GUARD BREAK 3:00pm – 3:30pm	Lap Swim 10:45am – 12:00pm 6 LAP	Fun and Fit (Faith) 10:00am – 10:45am 4 LANES /2 LAP	GUARD BREAK 2:00pm – 2:15pm	CLOSED 4:45pm	
	Lap Swim 3:30pm – 5:30pm 6 LAP	Splash and Burn 12:00pm – 2:00pm 3 LANES/3 LAP	Lap Swim 10:45am – 2:00pm 6 LAP	Lap Swim 2:15pm – 5:30pm 6 LAP	Lifeguard In-Service 5:00pm – 7:00pm	
	Rec Swim Practice 5:30pm – 6:30pm 3 LANES/3 LAP	GUARD BREAK 2:00pm – 2:15pm	GUARD BREAK 2:00pm – 2:15pm	Capital Aquatics 5:30pm – 7:30pm 6 LANES		
	Capital Aquatics 6:30pm – 7:30pm 6 LANES	Lap Swim 2:15pm – 5:30pm 6 LAP	Lap Swim 2:15pm – 5:30pm 6 LAP	GUARD BREAK 6:30pm – 6:45pm		
	GUARD BREAK 6:30pm – 6:45pm	Capital Aquatics 5:30pm – 7:30pm 6 LANES	Rec Swim Practice 5:30pm – 6:30pm 3 LANES/3 LAP	Open Swim 7:30pm – 7:45pm 6 LAP		
	Open Swim 7:30pm – 7:45pm 6 LAP	GUARD BREAK 6:30pm – 6:45pm	Capital Aquatics 6:30pm – 7:30pm 6 LANES	CLOSED 7:45pm		
	CLOSED 7:45pm	Open Swim 7:30pm – 7:45pm 6 LAP	GUARD BREAK 6:30pm – 6:45pm			
		CLOSED 7:45pm	Open Swim 7:30pm – 7:45pm 6 LAP			
			CLOSED 7:45pm			

Weekly Bulletin

We will be **closed** Monday May 25th in observance of **Memorial Day**

Capital Aquatics practices will be **switching to mornings in June.**

Wednesday, May 27th Splash and Burn will be using lanes 1, 2, and 6.

Text **"POOL"** to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Pool Schedule

June 1st - June 7th 2026

Revised 1030 hrs 5/28/26

MON 1	TUE 2	WED 3	THU 4	FRI 5	SAT 6	SUN 7
Lap Swim 4:30am - 6:00am 6 LAP	Deep Water Jog 4:30am - 5:15am 2 LANES /4 LAP	Lap Swim 4:30am - 6:00am 6 LAP	Deep Water Jog 4:30am - 5:15am 2 LANES /4 LAP	Lap Swim 4:30am - 6:00am 6 LAP	Lap Swim 7:00am - 9:15am 6 LAP	Lap Swim 12:00pm - 2:15pm 6 LAP
GUARD BREAK 6:00am - 6:15am	Lap Swim 5:15am - 6:00am 6 LAP	GUARD BREAK 6:00am - 6:15am	Lap Swim 5:15am - 6:00am 6 LAP	GUARD BREAK 6:00am - 6:15am	GUARD BREAK 9:15am - 9:30am	GUARD BREAK 2:15pm - 2:30pm
Capital Aquatics 6:00am - 8:00am 6 LANES	GUARD BREAK 6:00am - 6:15am	Capital Aquatics 6:00am - 8:00am 6 LANES	GUARD BREAK 6:00am - 6:15am	Capital Aquatics 6:00am - 8:00am 6 LANES	Lap Swim 9:30am - 2:00pm 6 LAP	Lap Swim 2:30pm - 4:45pm 6 LAP
Lap Swim 8:00am - 9:00am 6 LAP	Lap Swim 6:15am - 7:00am 6 LAP	Lap Swim 8:00am - 9:00am 6 LAP	Lap Swim 6:15am - 7:00am 6 LAP	Lap Swim 8:00am - 9:45am 6 LAP	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm
Fun and Fit (Faith) 9:00am - 9:45am 4 LANES /2 LAP	Capital Aquatics 7:00am - 8:00am 6 LANES	Fun and Fit (Faith) 9:00am - 9:45am 4 LANES /2 LAP	Capital Aquatics 7:00am - 8:00am 6 LANES	GUARD BREAK 9:45am - 10:00am	Lap Swim 2:15pm - 4:45pm 6 LAP	
GUARD BREAK 9:45am - 10:00am	Lap Swim 8:00am - 9:45am 6 LAP	GUARD BREAK 9:45am - 10:00am	Lap Swim 8:00am - 9:00am 6 LAP	Lap Swim 10:00am - 12:00pm 6 LAP	CLOSED 4:45pm	
Total Body (Faith) 10:00am - 10:45am 4 LANES /2 LAP	GUARD BREAK 9:45am - 10:00am	Total Body (Faith) 10:00am - 10:45am 4 LANES /2 LAP	Lap Swim 9:00am - 9:45am 4 LANES /2 LAP	Splash and Burn 12:00pm - 2:00pm 3 LANES/3 LAP		
Lap Swim 10:45am - 2:00pm 6 LAP	Lap Swim 10:00am - 2:00pm 6 LAP	Lap Swim 10:45am - 2:00pm 6 LAP	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 2:00pm - 2:15pm		
GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	Total Body (Faith) 10:00am - 10:45am 4 LANES /2 LAP	Lap Swim 2:15pm - 6:30pm 6 LAP		
Lap Swim 2:15pm - 6:30pm 6 LAP	Lap Swim 2:15pm - 6:30pm 6 LAP	Lap Swim 2:15pm - 6:30pm 6 LAP	Lap Swim 10:45am - 2:00pm 6 LAP	GUARD BREAK 6:30pm - 6:45pm		
GUARD BREAK 6:30pm - 6:45pm	GUARD BREAK 6:30pm - 6:45pm	GUARD BREAK 6:30pm - 6:45pm	GUARD BREAK 2:00pm - 2:15pm	Lap Swim 6:45pm - 7:45pm 6 LAP		
Lap Swim 6:45pm - 7:45pm 6 LAP	Lap Swim 6:45pm - 7:45pm 6 LAP	Lap Swim 6:45pm - 7:45pm 6 LAP	Lap Swim 2:15pm - 6:30pm 6 LAP	CLOSED 7:45pm		
CLOSED 7:45pm	CLOSED 7:45pm	CLOSED 7:45pm	GUARD BREAK 6:30pm - 6:45pm			
			Lap Swim 6:45pm - 7:45pm 6 LAP			
			CLOSED 7:45pm			

Weekly Bulletin

Capital Aquatics practices have now **switched to mornings**. Practices will be held **Mon, Wed, Fri 6:00am - 8:00am** and **Tue, Thu 7:00am - 8:00am**

Friday June 5th Splash and Burn will be using lanes 1, 2, and 6.

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Schedules will be released on a weekly basis.

Revision Date 5/26/26

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Lifeguard Safety Breaks are listed on schedule.
- All instructions from lifeguards must be obeyed while in the Natatorium. In the case of an emergency follow all staff directions.