

# Pool Schedule

Jan 26th 2026 - FEB 1st 2026

Revised 8:00pm 1/26/26

MON 26	TUE 27	WED 28	THU 29	FRI 30	SAT 31	SUN 1
<i>Closed today because of all the white stuff piled up outside!</i>	<b>Delayed Open</b> 9:00am	<b>Lap Swim</b> 4:30am - 5:30am 6 LAP	<b>Lap Swim</b> 4:30am - 5:30am 4 LAP	<b>Lap Swim</b> 4:30am - 5:30am 6 LAP	<b>Lap Swim</b> 7:00am - 9:15am 6 LAP	<b>Lap Swim</b> 12:00pm - 1:00pm 6 LAP
<b>Lap Swim</b> 9:00am - 10:00am 6 LAP	<b>CCHS Swim Team</b> 5:30am - 7:00am 5 LANES/1 LAP	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES /4 LAP	<b>CCHS Swim Team</b> 5:30am - 7:00am 5 LANES/1 LAP	<b>GUARD BREAK</b> 9:15am - 9:30am	<b>DAN S.C.U.B.A.</b> 1:00pm - 3:00pm 1 LANE	
<b>GUARD BREAK</b> 10:00 - 10:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>CCHS Swim Team</b> 5:30am - 7:00am 5 LANES/1 LAP	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>Lap Swim</b> 9:30am - 2:00pm 6 LAP	<b>GUARD BREAK</b> 1:45pm - 2:00pm
<b>Lap Swim</b> 10:15am -3:00pm 6 LAP	<b>Lap Swim</b> 7:15am - 9:00am 6 LAP	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>Lap Swim</b> 7:15am - 9:45am 6 LAP	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>Lap Swim</b> 2:00pm - 2:15pm	<b>Lap Swim</b> 2:00pm - 4:45pm 6 LAP
<b>GUARD BREAK</b> 3:00pm - 3:30pm	<b>Fun and Fit (Faith)</b> 9:00am - 9:45am 4 LANES/2 LAP		<b>Lap Swim</b> 7:15am - 9:00am 6 LAP	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>Lap Swim</b> 2:15pm - 4:45pm 6 LAP	<b>CLOSED</b> 4:45pm
<b>NHHS Swim Team</b> 3:30pm - 5:00pm 4 LANES/2 LAP	<b>GUARD BREAK</b> 9:45am - 10:00am		<b>Fun and Fit (Faith)</b> 9:00am - 9:45am 4 LANES/2 LAP	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>LG In-Service</b> 5:00pm - 6:00pm	
<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>Total Body (Faith)</b> 10:00am - 10:45am 4 LANES/2 LAP		<b>Lap Swim</b> 10:00am - 10:45am 4 LANES/2 LAP	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>Lap Swim</b> 2:15pm - 4:00pm 6 LAP	
<b>Capital Aquatics/ CCHS Swim Practice</b> 5:00pm - 7:30pm 6 LANES	<b>Lap Swim</b> 10:45am - 2:00pm 6 LAP		<b>Total Body (Faith)</b> 10:00am - 10:45am 4 LANES/2 LAP	<b>Lap Swim</b> 10:45am - 2:00pm 6 LAP	<b>NHHS Swim Team</b> 4:00pm - 5:30pm 4 LANES/2 LAP	
<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	<b>GUARD BREAK</b> 2:00pm - 2:15pm		<b>Lap Swim</b> 10:45am - 2:00pm 6 LAP	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 5:30pm - 5:45pm	
<b>CHECK FOR POSSIBLE CANCELLATION</b>	<b>Lap Swim</b> 2:15pm - 4:00pm 6 LAP		<b>Lap Swim</b> 2:15pm - 3:30pm 6 LAP	<b>Lap Swim</b> 2:15pm - 3:30pm 6 LAP	<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES	
<b>CLOSED</b> 9:00pm 8:45 for members	<b>NHHS Swim Team</b> 4:00pm - 5:30pm 4 LANES/2 LAP		<b>NHHS Swim Team</b> 3:30pm - 5:00pm 4 LANES/2 LAP	<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	
	<b>GUARD BREAK</b> 5:30pm - 5:45pm		<b>GUARD BREAK</b> 5:30pm - 5:45pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>CLOSED</b> 9:00pm 8:45 for members	
<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES	<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP		<b>Capital Aquatics</b> 5:00pm - 7:30pm 6 LANES	<b>Capital Aquatics</b> 5:00pm - 7:30pm 6 LANES	<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	
<b>CLOSED</b> 9:00pm 8:45 for members	<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP		<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	<b>CLOSED</b> 9:00pm 8:45 for members	
			<b>CLOSED</b> 9:00pm 8:45 for members			

## Weekly Bulletin

Check our **FB** page and subscribe to our **text alerts** for hours of operation this week!

**No Splash! This week!**

**There will be another extended Lifeguard safety break Tuesday the 27th 3-3:30pm**

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

# Pool Schedule

Feb 2nd 2026 - FEB 8th 2026

Revised 11:44 1/29/26

MON 2	TUE 3	WED 4	THU 5	FRI 6	SAT 7	SUN 8
<b>Lap Swim</b> 4:30am - 5:30am 6 LAP	<b>Lap Swim</b> 4:30am - 5:30am 4 LAP	<b>Lap Swim</b> 4:30am - 5:30am 6 LAP	<b>Lap Swim</b> 4:30am - 5:30am 4 LAP	<b>Lap Swim</b> 4:30am - 7:00am 6 LAP	<b>Lap Swim</b> 7:00am - 9:15am 6 LAP	<b>Lap Swim</b> 12:00pm - 1:00pm 6 LAP
<b>CCHS Swim Team</b> 5:30am - 7:00am 5 LANES/1 LAP	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES /4 LAP	<b>CCHS Swim Team</b> 5:30am - 7:00am 5 LANES/1 LAP	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES /4 LAP	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 9:15am - 9:30am	<b>DAN S.C.U.B.A.</b> 1:00pm - 3:00pm 1 LANE
<b>GUARD BREAK</b> 7:00am - 7:15am	<b>CCHS Swim Team</b> 5:30am - 7:00am 5 LANES/1 LAP	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>Lap Swim</b> 5:15am - 7:00am 6 LAP	<b>Lap Swim</b> 7:15am - 9:45am 6 LAP	<b>Lap Swim</b> 9:30am - 2:00pm 6 LAP	<b>GUARD BREAK</b> 1:45pm - 2:00pm
<b>Fun and Fit (Faith)</b> 7:30am - 9:00am 4 LANES/2 LAP	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>Fun and Fit (Faith)</b> 7:30am - 9:00am 4 LANES/2 LAP	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>Lap Swim</b> 2:00pm - 4:45pm 6 LAP
<b>St. Joes's/NMT SPLASH!</b> 9:00am - 12:00pm 6 LANES	<b>Lap Swim</b> 7:15am - 9:00am 6 LAP	<b>St. Joes's/NMT SPLASH!</b> 9:00am - 12:00pm 6 LANES	<b>Lap Swim</b> 7:15am - 9:00am 6 LAP	<b>Lap Swim</b> 10:00am - 2:00pm 6 LAP	<b>Lap Swim</b> 2:15pm - 4:45pm 6 LAP	<b>CLOSED</b> 4:45pm
<b>GUARD BREAK</b> 10:15am - 10:30am	<b>St. Joes's/NMT SPLASH!</b> 9:00am - 12:00pm 6 LANES	<b>GUARD BREAK</b> 10:15am - 10:30am	<b>St. Joes's/NMT SPLASH!</b> 9:00am - 12:00pm 6 LANES	<b>GUARD BREAK</b> 10:15am - 10:30am	<b>GUARD BREAK</b> 2:00pm - 2:15pm	
<b>Lap Swim</b> 12:00pm - 2:00pm 6 LAP	<b>GUARD BREAK</b> 10:15am - 10:30am	<b>Lap Swim</b> 12:00pm - 2:00pm 6 LAP	<b>GUARD BREAK</b> 12:00pm - 2:00pm 6 LAP	<b>Lap Swim</b> 12:00pm - 2:00pm 6 LAP	<b>NHHS Swim Team</b> 4:00pm - 5:30pm 4 LANES/2 LAP	
<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>Lap Swim</b> 12:00pm - 3:00pm 6 LAP	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>Lap Swim</b> 12:00pm - 2:00pm 6 LAP	<b>GUARD BREAK</b> 12:00pm - 2:00pm 6 LAP	<b>GUARD BREAK</b> 5:30pm - 5:45pm	
<b>Lap Swim</b> 2:15pm - 4:00pm 6 LAP	<b>GUARD BREAK</b> 3:00pm - 3:30pm	<b>Lap Swim</b> 2:15pm - 4:00pm 6 LAP	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>Lap Swim</b> 2:15pm - 5:00pm 6 LAP	<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES	
<b>NHHS Swim Team</b> 4:00pm - 5:30pm 4 LANES/2 LAP	<b>NHHS Swim Team</b> 3:30pm - 5:00pm 4 LANES/2 LAP	<b>NHHS Swim Team</b> 4:00pm - 5:30pm 4 LANES/2 LAP	<b>Lap Swim</b> 2:15pm - 5:00pm 6 LAP	<b>Lap Swim</b> 2:15pm - 5:00pm 6 LAP	<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	
<b>GUARD BREAK</b> 5:30pm - 5:45pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>GUARD BREAK</b> 5:30pm - 5:45pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>CLOSED</b> 9:00pm 8:45 for members	
<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES	<b>Capital Aquatics</b> 5:00pm - 7:30pm 6 LANES	<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES	<b>Capital Aquatics</b> 5:00pm - 7:30pm 6 LANES	<b>Lap Swim</b> 7:30pm - 8:45pm 6 LAP		
<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	<b>LHS Swim Team</b> 7:30pm - 9:00pm 3 LANES/3 LAP	<b>Lap Swim</b> 7:30pm - 8:45pm 6 LAP	<b>Lap Swim</b> 7:30pm - 8:45pm 6 LAP	<b>Lap Swim</b> 7:30pm - 8:45pm 6 LAP		
<b>CLOSED</b> 9:00pm 8:45 for members	<b>CLOSED</b> 9:00pm 8:45 for members	<b>CLOSED</b> 8:45pm	<b>CLOSED</b> 8:45pm	<b>CLOSED</b> 8:45pm		

## Weekly Bulletin

**Check Thursday and Friday for extra lap time!**

**Splash! This week!**

**There will be another extended Lifeguard safety break Tuesday the 3rd 3-3:30pm**

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

**Schedules will be released on a weekly basis.**

*Revision Date 1/29/26*

## YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.