

Pool Schedule

DEC 15th - DEC 21st 2025

Revised 11:00am 12/11/25

THU 18 SAT 20 MON 15 TUE 16 WED 17 FRI 19 **SUN 21** Lap Swim Lap Swim Lap Swim **Capital Aquatics** Lap Swim Lap Swim Lap Swim 7:00am - 8:30am 4:30am - 5:30am 4:30am - 5:30am 4:30am - 5:30am 4:30am - 5:30am 12:00pm - 1:45pm 4:30am - 5:30am 6 LAP 4 LAP 6 LAP 6 LANES 6 I AP 6 I AP 4 LAP **Capital Aquatics CCHS Swim Team** Deep Water Jog **CCHS Swim Team Deep Water Jog CCHS Swim Team GUARD BREAK** 5:30am - 7:00am 4:30am - 5:15am 5:30am - 7:00am 5:30am - 7:00am 8:30am - 11:30am 1:45pm - 2:00pm 4:30am - 5:15am 5 LANES/1 LAP 5 LANES/1 LAP 5 LANES/1 LAP 2 LANES /4 LAP 6 LANES 2 LANES /4 LAP Lap Swim **GUARD BREAK** CCHS Swim Team **GUARD BREAK CCHS Swim Team GUARD BREAK GUARD BREAK** 2:00pm - 4:45pm 5:30am - 7:00am 5 LANES/1 LAP 7:00am - 7:15am 5:30am - 7:00am 7:00am - 7:15am 7:00am - 7:15am 9:15am - 9:30am 6 I AP 5 LANES/1 LAP Lap Swim Lap Swim Lap Swim Lap Swim CLOSED 4:45pm **GUARD BREAK** 11:30am - 2:00pm 7:15am - 9:00am 7:15am - 9:00am 7:15am - 9:45am **GUARD BREAK** 6 LAP 7:00am - 7:15am 6 LAP 6 LAP 6 LAP 7:00am - 7:15am Fun and Fit (Faith) Lap Swim **GUARD BREAK GUARD BREAK** Fun and Fit (Faith) Lap Swim 9:45am - 10:00am 9.00am - 9.45am 7:15am - 9:45am 9:00am - 9:45am 7:15am - 9:00am 2:00pm - 2:15pm 4 LANES/2 LAP 6 LAP 4 LANES/2 LAP 6 LAP Lap Swim Lap Swim **GUARD BREAK GUARD BREAK** 10:00pm - 2:00pm 2:15pm - 4:45pm **GUARD BREAK** Fun and Fit (Faith) 9:45am - 10:00am 9:45am - 10:00am 9:45am - 10:00am 9:00am - 9:45am 6 I AP 6 I AP 4 LANES/2 LAP **GUARD BREAK** Fun and Fit (Faith) Lap Swim Fun and Fit (Faith) CLOSED 4:45pm 10:00am - 10:45am 10:00am - 2:00pm 2:00pm - 2:30pm 10:00am - 10:45am **GUARD BREAK** 4 LANES/2 LAP 6 LAP 4 LANES/2 LAP 9:45am - 10:00am <u>Lifeguard In-</u> Lap Swim Lap Swim **UARD BREAK** 2:30pm - 4:00pm 5:00pm - 7:00pm Lap Swim Fun and Fit (Faith) 6 LAP 10:45am - 2:00pm 2:00pm - 2:15pm 10:45am - 2:00pm 10:00am - 10:45am 6 LAP 6 LAP 4 LANES/2 LAP Lap Swim **NHHS Swim Team GUARD BREAK** 2:15pm - 3:30pm **GUARD BREAK** 4:00pm - 5:30pm Lap Swim 5 LANES/1 LAP 2:00pm - 2:30pm 6 LAP 2:00pm - 2:30pm 10:45am - 2:00pm 6 I AP Lap Swim NHHS Swim Team **GUARD BREAK** Lap Swim 2:30pm - 4:00pm 3:30pm - 5:00pm 5:30 - 5:45pm 2:30pm - 4:00pm **GUARD BREAK** 6 IAP 5 LANES/1 LAP 6 I AP 2:00pm - 2:15pm **Capital Aquatics** 5:30pm - 7:30pm NHHS Swim Team **GUARD BREAK NHHS Swim Team** Lap Swim 4:00pm - 5:30pm 5:00pm - 5:15pm 6 LANES 4:00pm - 5:30pm 2:15pm - 3:30pm 5 LANES/1 LAP 5 LANES/1 LAP 6 LAP Capital Aquatics 5:00pm - 7:30pm LHS Swim Team **GUARD BREAK GUARD BREAK NHHS Swim Team** Last minute 5:30 - 5:45pm 6 LANES 5:30 - 5:45pm 3:30pm - 5:00pm cancelation 5 LANES/1 LAP possible. Call **Capital Aquatics** LHS Swim Team today for **Capital Aquatics** 5:30pm - 7:30pm 7:30pm - 9:00pm 5:30pm - 7:30pm **GUARD BREAK** verification. 7:30pm - 9:00pm 6 LANES 3 LANES/3 LAP 6 LANES 5:00pm - 5:15pm 3 LANES/3 LAP CLOSED 9:00pm **LHS Swim Team** 7:30pm - 9:00pm LHS Swim Team Capital Aquatics CLOSED 9:00pm 7:30pm - 9:00pm 5:00pm - 7:30pm 3 LANES/3 LAP 3 LANES/3 LAP 6 LANES CLOSED 9:00pm CLOSED 9:00pm LHS Swim Team 7:30pm - 9:00pm 3 LANES/3 LAP CLOSED 9:00pm

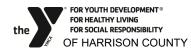
Weekly Bulletin

12/19 Lanesville HS practice <u>might</u> have a last minute cancellation. Call Friday for verification.

Members are asked to clear the pool at 8:45 PM Mon - Fri

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our Facebook page for the latest Pool Schedule



CLOSED 8:45pm

Pool Schedule

DEC 22nd - DEC 28th 2025

Revised 10:00am 12/17/25

TUE 23 THU 25 SAT 27 MON 22 **WED 24 FRI 26 SUN 28** Lap Swim Lap Swim **CCHS Swim Team Capital Aquatics** Lap Swim CLOSED FOR **CLOSED FOR** 4:30am - 6:45am 4:30am - 6:45am 7:00am - 8:30am 7:00am - 11:30am 12:00pm - 1:45pm **CHRISTMAS** 6 LAP 4 LAP CHRISTMAS 5 LANES/1 LAP 6 LANES 6 I AP **EVE GUARD BREAK GUARD BREAK Deep Water Jog** Lap Swim **GUARD BREAK** 6:45am - 7:00am 4:30am - 5:15am 8:30am - 9:45am 9:15am - 9:30am 1:45pm - 2:00pm 2 LANES /4 LAP 6 LAP CCHS Swim Team Lap Swim Lap Swim 7:00am - 8:30am **GUARD BREAK GUARD BREAK** 11:30am - 2:00pm 2:00pm - 4:45pm 5 LANES/1 LAP 6:45am - 7:00am 9:45am - 10:00am 6 LAP 6 I AP **GUARD BREAK** Lap Swim CCHS Swim Team NHHS Swim Team CLOSED 4:45pm 8:30am - 9:00am 7:00am - 8:30am 2:00pm - 2:15pm 10:00am - 11:30am 6 LAP 5 LANES/1 LAP 4 LANES/2 LAP Lap Swim Fun and Fit (Faith) Lap Swim Lap Swim 2:15pm - 4:45pm 11:30am - 1:00pm 9:00am - 9:45am 8:30am - 9:45am 6 LAP 4 LANES/2 LAP 6 LAP 6 LAP CLOSED 4:45pm **GUARD BREAK GUARD BREAK** LHS Swim Team 9:45am - 10:00am 9:45am - 10:00am 1:00pm - 2:30pm 3 LANES/3 LAP Total Body (Faith) **NHHS Swim Team** 10:00am - 10:45am 10:00am - 11:30am **GUARD BREAK** 4 LANES/2 LAP 4 LANES/2 LAP 2:30pm - 2:45pm **NHHS Swim Team** Lap Swim Lap Swim 11:00am - 12:30pm 11:30am - 1:00pm 2:45pm - 4:45pm 4 LANES/2 LAP 6 I AP 6 LAP **GUARD BREAK** Lap Swim **LHS Swim Team** 1:00pm - 2:30pm 12:30pm - 1:00pm 4:45pm -5:00pm 6 LAP 3 LANES/3 LAP Capital Aquatics **GUARD BREAK** 5:00pm - 6:45pm **GUARD BREAK** 2:30pm - 2:45pm 6 LANES 2:30pm - 2:45pm CLOSED 6:45pm Lap Swim 2:45pm - 4:45pm Lap Swim 6 LAP 2:45pm - 5:15pm 6 IAP **GUARD BREAK** 4:45pm - 5:00pm **GUARD BREAK** 5:15pm - 5:30pm **Capital Aquatics Capital Aquatics** 5:00pm - 7:30pm 5:30pm - 7:30pm 6 LANES 6 LANES LHS Swim Team 7:30pm - 9:00pm LHS Swim Team 7:30pm - 9:00pm 3 LANES/3 LAP 3 LANES/3 LAP CLOSED 8:45pm

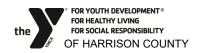
Weekly Bulletin

High Schools are on holiday Schedule this week. Double check lap times.

North Harrison is reducing their practice (11:am - 12:30pm this week) to 4 lanes, leaving an additional lane for lap swimmers to use.

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our Facebook page for the latest Pool Schedule



Schedules will be released on a weekly basis.

Revision Date 12/17/25

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.