

Pool Schedule

DEC 8th – DEC 14th 2025

Revised 2:30pm 12/5/25

MON 8	TUE 9	WED 10	THU 11	FRI 12	SAT 13	SUN 14
Lap Swim 4:30am – 5:30am 6 LAP CCHS Swim Team 5:30am – 7:00am 5 LANES/1 LAP GUARD BREAK 7:00am – 7:15am Fun and Fit (Faith) 7:30am – 9:00am 4 LANES/2 LAP Heth/Wash SPLASH! 9:00am – 10:30am 6 LANES GUARD BREAK 9:45am – 10:00am Lap Swim 10:30am – 2:00pm 6 LAP GUARD BREAK 2:00pm – 2:30pm Lap Swim 2:30pm – 4:00pm 6 LAP NHHS Swim Team 4:00pm – 5:30pm 5 LANES/1 LAP GUARD BREAK 5:30 – 5:45pm Capital Aquatics 5:30pm – 7:30pm 6 LANE LHS Swim Team Photographs 7:30pm – 9:00pm 3 LANES/3 LAP CLOSED 9:00pm	Lap Swim 4:30am – 5:30am 4 LAP Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP CCHS Swim Team 5:30am – 7:00am 5 LANES/1 LAP GUARD BREAK 7:00am – 7:15am Lap Swim 7:15am – 9:00am 6 LAP Heth/Wash SPLASH! 9:00am – 10:30am 6 LANES GUARD BREAK 9:45am – 10:00am Lap Swim 10:30am – 2:00pm 6 LAP GUARD BREAK 2:00pm – 2:15pm Lap Swim 2:15pm – 3:30pm 6 LAP NHHS Swim Team 3:30pm – 5:00pm 5 LANES/1 LAP GUARD BREAK 5:00 – 5:15pm Capital Aquatics 5:00pm – 7:30pm 6 LANE LHS Swim Team Photographs 7:30pm – 9:00pm 3 LANES/3 LAP CLOSED 9:00pm	Lap Swim 4:30am – 5:30am 6 LAP CCHS Swim Team 5:30am – 7:00am 5 LANES/1 LAP GUARD BREAK 7:00am – 7:15am Fun and Fit (Faith) 7:30am – 9:00am 4 LANES/2 LAP Heth/Wash SPLASH! 9:00am – 10:30am 6 LANES GUARD BREAK 9:45am – 10:00am Lap Swim 10:30am – 2:00pm 6 LAP GUARD BREAK 2:00pm – 2:30pm Lap Swim 2:30pm – 4:00pm 6 LAP NHHS Swim Team 4:00pm – 5:30pm 5 LANES/1 LAP GUARD BREAK 5:30 – 5:45pm Capital Aquatics 5:30pm – 7:30pm 6 LANE LHS Swim Team 7:30pm – 9:00pm 3 LANES/3 LAP CLOSED 9:00pm	Lap Swim 4:30am – 5:30am 4 LAP Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP CCHS Swim Team 5:30am – 7:00am 5 LANES/1 LAP GUARD BREAK 7:00am – 7:15am Lap Swim 7:15am – 9:00am 6 LAP Heth/Wash SPLASH! 9:00am – 10:30am 6 LANES GUARD BREAK 9:45am – 10:00am Lap Swim 10:30am – 2:00pm 6 LAP GUARD BREAK 2:00pm – 2:15pm Lap Swim 2:15pm – 3:30pm 6 LAP NHHS Swim Team 3:30pm – 5:00pm 5 LANES/1 LAP GUARD BREAK 5:00pm – 5:15pm Capital Aquatics 5:00pm – 7:30pm 6 LANES LHS Swim Team 7:30pm – 9:00pm 3 LANES/3 LAP CLOSED 9:00pm	Lap Swim 4:30am – 5:30am 6 LAP CCHS Swim Team 5:30am – 7:00am 5 LANES/1 LAP GUARD BREAK 7:00am – 7:15am Lap Swim 7:00am – 9:45am 6 LAP GUARD BREAK 9:45am – 10:00am Lap Swim 10:00pm – 2:00pm 6 LAP GUARD BREAK 2:00pm – 2:30pm Lap Swim 2:30pm – 4:00pm 6 LAP NHHS Swim Team 4:00pm – 5:30pm 5 LANES/1 LAP GUARD BREAK 5:30 – 5:45pm Capital Aquatics 5:30pm – 7:30pm 6 LANE LHS Swim Team 7:30pm – 9:00pm 3 LANES/3 LAP CLOSED 9:00pm	Lap Swim 7:00am – 8:00am 6 LAP NHHS Invitational 8:00am – 1:00pm GUARD BREAK 9:15am – 9:30am Lap Swim 1:00pm – 2:00pm 6 LAP GUARD BREAK 2:00pm – 2:15pm Lap Swim 2:15pm – 4:45pm 6 LAP CLOSED 4:45pm	Lap Swim 12:00pm – 1:45pm 6 LAP GUARD BREAK 1:45pm – 2:00pm Lap Swim 2:00pm – 4:45pm 6 LAP CLOSED 4:45pm

Weekly Bulletin

For now, the Monday and Wednesday **afternoon lifeguard safety breaks** have been extended to **30 minutes** 2:00pm – 2:30pm to accommodate extended (8 hour) shifts on those days. Thank you for your flexibility.

Text “**POOL**” to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Pool Schedule

DEC 1st – DEC 7th 2025

Revised 12pm 12/2/25

MON 1	TUE 2	WED 3	THU 4	FRI 5	SAT 6	SUN 7
<u>Late open due to water main repair</u>	Lap Swim 4:30am – 5:30am 4 LAP	Lap Swim 4:30am – 5:30am 6 LAP	Lap Swim 4:30am – 5:30am 4 LAP	Lap Swim 4:30am – 5:30am 6 LAP	Lap Swim 7:00am – 10:00am 6 LAP	Lap Swim 12:00pm – 1:45pm 6 LAP
Lap Swim 4:00pm – 5:15pm 6 LAP	<u>Deep Water Jog</u> 4:30am – 5:15am 2 LANES /4 LAP	<u>CCHS Swim Team</u> 5:30am – 7:00am 5 LANES/1 LAP	<u>Deep Water Jog</u> 4:30am – 5:15am 2 LANES /4 LAP	<u>CCHS Swim Team</u> 5:30am – 7:00am 5 LANES/1 LAP	[GUARD BREAK] 9:15am – 9:30am	GUARD BREAK 1:45pm – 2:00pm
[GUARD BREAK] 5:15pm – 5:30pm	<u>CCHS Swim Team</u> 5:30am – 7:00am 5 LANES/1 LAP	GUARD BREAK 7:00am – 7:15am	<u>CCHS Swim Team</u> 5:30am – 7:00am 5 LANES/1 LAP	GUARD BREAK 7:00am – 7:15am	<u>Capital Aquatics Swim Meet</u> 10:00am – 1:00pm 6 LANES	<u>CA Intersquad meet</u> 2:00pm – 4:45pm 5 LANE
<u>Group Swim Lessons</u> 5:30pm – 6:00pm 1 LANE	GUARD BREAK 7:00am – 7:15am	Lap Swim 7:15am – 9:00am 6 LAP	GUARD BREAK 7:00am – 7:15am	Lap Swim 7:15am – 9:00am 6 LAP	Lap Swim 1:00pm – 2:00pm 6 LAP	CLOSED 4:45pm
<u>Capital Aquatics</u> 5:30pm – 7:30pm 5 LANE	Lap Swim 7:15am – 2:00pm 6 LAP	<u>Fun and Fit (Faith)</u> 9:00am – 9:45am 4 LANES/2 LAP	Lap Swim 7:15am – 9:00am 6 LAP	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 2:00pm – 2:15pm	<u>CA Banquet in Gym</u> 5:00pm – 7:30pm
<u>LHS Swim Team</u> 7:30pm – 9:00pm 3 LANES/3 LAP	GUARD BREAK 2:00pm – 2:15pm	GUARD BREAK 9:45am – 10:00am	<u>Fun and Fit (Faith)</u> 9:00am – 9:45am 4 LANES/2 LAP	Lap Swim 12:00pm – 2:00pm 6 LAP	Lap Swim 2:15pm – 4:45pm 6 LAP	
CLOSED 9:00pm	Lap Swim 2:15pm – 5:00pm 6 LAP	<u>Total Body (Faith)</u> 10:00am – 10:45am 4 LANES/2 LAP	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 2:00pm – 2:30pm	CLOSED 4:45pm	
	[GUARD BREAK] 5:00pm – 5:15pm	Lap Swim 10:45am – 2:00pm 6 LAP	<u>Total Body (Faith)</u> 10:00am – 10:45am 4 LANES/2 LAP	Lap Swim 2:30pm – 4:00pm 6 LAP		
	<u>Capital Aquatics</u> 5:00pm – 7:30pm 6 LANES	GUARD BREAK 2:00pm – 2:30pm	Lap Swim 10:45am – 2:00pm 6 LAP	<u>NHHS Swim Team</u> 4:00pm – 5:30pm 5 LANES/1 LAP		
	<u>LHS Swim Team</u> 7:30pm – 9:00pm 3 LANES/3 LAP	Lap Swim 2:30pm – 5:00pm 5 LAP	GUARD BREAK 2:00pm – 2:15pm	[GUARD BREAK] 5:30 – 5:45pm		
	CLOSED 9:00pm	<u>Group Swim Lessons</u> 4:30pm – 5:00pm 1 LANE	Lap Swim 2:15pm – 3:30pm 6 LAP	<u>Capital Aquatics</u> 5:30pm – 7:30pm 5 LANE		
		<u>CHS Swim Meet</u> 5:00pm – 8:00pm 6 LANES	<u>NHHS Swim Team</u> 3:30pm – 5:00pm 5 LANES/1 LAP	<u>LHS Swim Team</u> 7:30pm – 9:00pm 3 LANES/3 LAP		
		[GUARD BREAK] 5:30 – 5:45pm	[GUARD BREAK] 5:00pm – 5:15pm	CLOSED 9:00pm		
		Lap Swim 8:00pm – 8:45pm 6 LAP	<u>Capital Aquatics</u> 5:00pm – 7:30pm 5 LANES			
		CLOSED 8:45pm	<u>Group Swim Lessons</u> 5:30pm – 6:00pm 1 LANE			
			<u>LHS Swim Team</u> 7:30pm – 9:00pm 3 LANES/3 LAP			
			CLOSED 9:00pm			

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Schedules will be released on a weekly basis.

Revision Date 12/5/25

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.