

Pool Schedule

OCT 6th – OCT 12th 2025

MON 6	TUE 7	WED 8	THU 9	FRI 10	SAT 11	SUN 12
Lap Swim 4:30am – 6:15am 5 LAP	Lap Swim 4:30am – 6:15am 4 LAP	Lap Swim 4:30am – 6:15am 5 LAP	Lap Swim 4:30am – 6:15am 4 LAP	Lap Swim 4:30am – 6:15am 5 LAP	Capital Aquatics 7:00am – 8:30am 6 LANES	Lap Swim 12:00pm – 1:00pm 6 LAP
Capital Aquatics 5:30am – 7:15am 1 LANE	Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP	GUARD BREAK 6:15am – 6:30am	Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP	GUARD BREAK 6:15am – 6:30am	Capital Aquatics 8:30am – 11:30am 5 LANE/1 LAP	DAN S.C.U.B.A 1:00pm – 3:00pm 1 LANE/ 5 LAP
GUARD BREAK 6:15am – 6:30am	GUARD BREAK 6:15am – 6:30am	Capital Aquatics 5:30am – 7:15am 1 LANE/5 LAP	GUARD BREAK 6:15am – 6:30am	Capital Aquatics 5:30am – 7:15am 1 LANE/5 LAP	GUARD BREAK 9:15am – 9:30am	GUARD BREAK 2:00pm – 2:15pm
Lap Swim 6:30am – 9:00am 6 LAP	Lap Swim 6:30am – 9:45am 6 LAP	Fun and Fit (Faith) 9:00am – 9:45am 4 LANES/2 LAP	Lap Swim 6:30am – 9:00am 6 LAP	Lap Swim 6:30am – 9:45am 5 LAP	Lap Swim 9:30am – 2:00pm 6 LAP	Lap Swim 3:00pm – 4:45pm 6 LAP
Fun and Fit (Faith) 9:00am – 9:45am 4 LANES/2 LAP	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 9:45am – 10:00am	Fun and Fit (Faith) 9:00am – 9:45am 4 LANES/2 LAP	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 2:00pm – 2:15pm	CLOSED 4:45pm
GUARD BREAK 9:45am – 10:00am	Lap Swim 10:30pm – 2:00pm 6 LAP	Total Body (Faith) 10:00am – 10:45am 4 LANES/2 LAP	GUARD BREAK 9:45am – 10:00am	Lap Swim 10:00am – 2:00pm 6 LAP	Lap Swim 2:15pm – 4:45pm 6 LAP	
Total Body (Faith) 10:00am – 10:45am 4 LANES/2 LAP	GUARD BREAK 2:00pm – 2:15pm	Lap Swim 10:45am – 2:00pm 6 LAP	Total Body (Faith) 10:00am – 10:45am 4 LANES/2 LAP	GUARD BREAK 2:00pm – 2:15pm	CLOSED 4:45pm	
Lap Swim 10:45am – 2:00pm 6 LAP	Lap Swim 2:15pm – 4:45pm 6 LAP	GUARD BREAK 2:00pm – 2:30pm	Lap Swim 10:45am – 2:00pm 6 LAP	Lap Swim 2:15pm – 5:15pm 6 LAP		
GUARD BREAK 2:00pm – 2:30pm	Capital Aquatics 5:00pm – 7:30pm 5 LANE	Lap Swim 2:30pm – 5:15pm 6 LAP	GUARD BREAK 2:00pm – 2:15pm	GUARD BREAK 5:15 – 5:30pm		
Lap Swim 2:30pm – 5:15pm 6 LAP	GUARD BREAK 5:15pm – 5:30pm	GUARD BREAK 5:15 – 5:30pm	Lap Swim 2:15pm – 4:45pm 6 LAP	Capital Aquatics 5:30pm – 7:30pm 6 LANE		
GUARD BREAK 5:15 – 5:30pm	Lap Swim 7:30pm – 8:45pm 6 LAP	Capital Aquatics 5:30pm – 7:30pm 6 LANE	Capital Aquatics 5:00pm – 7:30pm 5 LANE	Lap Swim 7:30pm – 8:45pm 6 LAP		
Capital Aquatics 5:30pm – 7:30pm 6 LANE	CLOSED 8:45pm	Lap Swim 7:30pm – 8:45pm 6 LAP	GUARD BREAK 5:15pm – 5:30pm	CLOSED 8:45pm		
Lap Swim 7:30pm – 8:45pm 6 LAP		CLOSED 8:45pm	Lap Swim 7:30pm – 8:45pm 6 LAP			
CLOSED 8:45pm			CLOSED 8:45pm			

Weekly Bulletin

For now, the Monday and Wednesday **afternoon lifeguard safety breaks** have been extended to **30 minutes** 2:00pm – 2:30pm to accommodate extended (8 hour) shifts on those days. Thank you for your flexibility.

Due to circumstances beyond our control, there will be **no swim lessons** for the month of October. Look for them to start again in November!

Text “**POOL**” to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Pool Schedule

OCT 13th - OCT 19th 2025

MON 13	TUE 14	WED 15	THU 16	FRI 17	SAT 18	SUN 19
Lap Swim 4:30am - 6:15am 5 LAP	Lap Swim 4:30am - 6:15am 4 LAP	Lap Swim 4:30am - 6:15am 5 LAP	Lap Swim 4:30am - 6:15am 4 LAP	Lap Swim 4:30am - 6:15am 5 LAP	Lap Swim 7:00am - 9:15am 5 LAP	Lap Swim 12:00pm - 2:00pm 6 LAP
Capital Aquatics 5:30am - 7:15am 1 LANE	Deep Water Jog 4:30am - 5:15am 2 LANES /4 LAP	Capital Aquatics 5:30am - 7:15am 1 LANE	Deep Water Jog 4:30am - 5:15am 2 LANES /4 LAP	GUARD BREAK 6:15am - 6:30am	GUARD BREAK 9:15am - 9:30am	GUARD BREAK 2:00pm - 2:15pm
GUARD BREAK 6:15am - 6:30am	GUARD BREAK 6:15am - 6:30am	GUARD BREAK 6:15am - 6:30am	GUARD BREAK 6:15am - 6:30am	Lap Swim 6:30am - 9:45am 6 LAP	Lap Swim 9:30am - 2:00pm 6 LAP	Lap Swim 3:00pm - 4:45pm 6 LAP
Lap Swim 6:30am - 7:30am 6 LAP	Lap Swim 6:30am - 9:00am 6 LAP	Lap Swim 6:30am - 7:30am 6 LAP	Lap Swim 6:30am - 7:30am 6 LAP	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm
Fun and Fit (Faith) 7:30am - 9:00am 4 LANES/2 LAP	CES SPLASH! 9:00am - 12:00pm 6 LANES	Fun and Fit (Faith) 7:30am - 9:00am 4 LANES/2 LAP	Fun and Fit (Faith) 7:30am - 9:00am 4 LANES/2 LAP	Lap Swim 10:00am - 2:00pm 6 LAP	Lap Swim 2:15pm - 4:45pm 6 LAP	
GUARD BREAK 9:45am - 10:00am	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 9:45am - 10:00am	CES SPLASH! 9:00am - 12:00pm 6 LANES	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm	
CES SPLASH! 9:00am - 12:00pm 6 LANES	Lap Swim 12:00pm - 2:00pm 6 LAP	CES SPLASH! 9:00am - 12:00pm 6 LANES	GUARD BREAK 9:45am - 10:00am	Lap Swim 2:15pm - 5:15pm 6 LAP		
Lap Swim 12:00pm - 2:00pm 6 LAP	GUARD BREAK 2:00pm - 2:15pm	Lap Swim 12:00pm - 2:00pm 6 LAP	Lap Swim 12:00pm - 2:00pm 6 LAP	GUARD BREAK 5:15 - 5:30pm		
GUARD BREAK 2:00pm - 2:30pm	Lap Swim 2:15pm - 5:00pm 6 LAP	GUARD BREAK 2:00pm - 2:30pm	GUARD BREAK 2:00pm - 2:15pm	Lap Swim 5:30pm - 8:45pm 6 LAP		
Lap Swim 2:30pm - 5:15pm 6 LAP	Capital Aquatics 5:00pm - 7:30pm 5 LANE	Lap Swim 2:30pm - 5:15pm 6 LAP	Lap Swim 2:15pm - 5:00pm 6 LAP	CLOSED 8:45pm		
GUARD BREAK 5:15 - 5:30pm	GUARD BREAK 5:15pm - 5:30pm	GUARD BREAK 5:15 - 5:30pm	Capital Aquatics 5:00pm - 7:30pm 5 LANE			
Capital Aquatics 5:30pm - 7:30pm 6 LANE	Lap Swim 7:30pm - 8:45pm 6 LAP	Capital Aquatics 5:30pm - 7:30pm 6 LANE	GUARD BREAK 5:15pm - 5:30pm			
Lap Swim 7:30pm - 8:45pm 6 LAP	CLOSED 8:45pm	Lap Swim 7:30pm - 8:45pm 6 LAP	Lap Swim 7:30pm - 8:45pm 6 LAP			
CLOSED 8:45pm		CLOSED 8:45pm	CLOSED 8:45pm			

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Schedules will be released on a weekly basis.

Revision Date 10/2/25

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.