

Pool Schedule

SEP 8th – SEP 14th 2025

MON 8	TUE 9	WED 10	THU 11	FRI 12	SAT 13	SUN 14
Lap Swim 4:30am – 6:15am 5 LAP	Lap Swim 4:30am – 6:15am 4 LAP	Lap Swim 4:30am – 6:15am 5 LAP	Lap Swim 4:30am – 6:15am 4 LAP	Lap Swim 4:30am – 6:15am 5 LAP	Capital Aquatics 7:00am – 8:30am 6 LANES	Lap Swim 12:00pm – 2:00pm 6 LAP
GUARD BREAK 6:15am – 6:30am	Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP	GUARD BREAK 6:15am – 6:30am	Deep Water Jog 4:30am – 5:15am 2 LANES /4 LAP	GUARD BREAK 6:15am – 6:30am	Capital Aquatics 8:30am – 11:30am 5 LANES/1 LAP	GUARD BREAK 2:00pm – 2:15pm
Capital Aquatics 5:30am – 7:15am 1 LANE	GUARD BREAK 6:15am – 6:30am	Capital Aquatics 5:30am – 7:15am 1 LANE	GUARD BREAK 6:15am – 6:30am	Capital Aquatics 5:30am – 7:15am 1 LANE	GUARD BREAK 9:15am – 9:30am	Lap Swim 2:15pm – 4:45pm 6 LAP
Lap Swim 6:30am – 7:30am 5 LAP	Lap Swim 6:30am – 9:00am 6 LAP	Lap Swim 6:30am – 7:30am 5 LAP	Lap Swim 6:30am – 7:30am 6 LAP	Lap Swim 6:30am – 9:45am 5 LAP	Lap Swim 11:30am – 2:00pm 6 LAP	CLOSED 4:45pm
Fun & Fit (Faith) 7:30am – 9:00am 4 LANES /2 LAP	SPLASH! 9:00am – 12:00pm 6 LANES	Fun & Fit (Faith) 7:30am – 9:00am 4 LANES /2 LAP	Fun & Fit (Faith) 7:30am – 9:00am 4 LANES /2 LAP	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 2:00pm – 2:15pm	
SPLASH! 9:00am – 12:00pm 6 LANES	GUARD BREAK 9:45am – 10:00am	SPLASH! 9:00am – 12:00pm 6 LANES	SPLASH! 9:00am – 12:00pm 6 LANES	Lap Swim 10:00am – 2:00pm 6 LAP	Lap Swim 2:15pm – 4:45pm 6 LAP	
GUARD BREAK 9:45am – 10:00am	Lap Swim 12:00pm – 2:00pm 6 LAP	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 9:45am – 10:00am	GUARD BREAK 2:00pm – 2:15pm	CLOSED 4:45pm	
Lap Swim 12:00pm – 2:00pm 6 LAP	GUARD BREAK 2:00pm – 2:15pm	Lap Swim 12:00pm – 2:00pm 6 LAP	Lap Swim 12:00pm – 2:00pm 6 LAP	Lap Swim 2:15pm – 4:45pm 6 LAP		
GUARD BREAK 2:00pm – 2:15pm	Lap Swim 2:15pm – 5:15pm 6 LAP	GUARD BREAK 2:00pm – 2:15pm	GUARD BREAK 2:00pm – 2:15pm	GUARD BREAK 4:45pm – 5:00pm		
Lap Swim 2:15pm – 4:45pm 6 LAP	GUARD BREAK 5:15pm – 5:30pm	Lap Swim 2:15pm – 4:45pm 6 LAP	Lap Swim 2:15pm – 5:15pm 6 LAP	Capital Aquatics 5:00pm – 7:30pm 6 LAP		
GUARD BREAK 4:45pm – 5:00pm	Capital Aquatics 5:30pm – 7:30pm 5 LAP	GUARD BREAK 4:45pm – 5:00pm	GUARD BREAK 5:15pm – 5:30pm	Lap Swim 7:30pm – 8:45pm 6 LAP		
Capital Aquatics 5:00pm – 7:30pm 6 LAP	Lap Swim 7:30pm – 8:45pm 6 LAP	Capital Aquatics 5:00pm – 7:30pm 6 LAP	Capital Aquatics 5:30pm – 7:30pm 5 LAP	CLOSED 8:45pm		
Lap Swim 7:30pm – 8:45pm 6 LAP	CLOSED 8:45pm	Lap Swim 7:30pm – 8:45pm 6 LAP	Lap Swim 7:30pm – 8:45pm 6 LAP			
CLOSED 8:45pm		CLOSED 8:45pm	CLOSED 8:45pm			

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text “**POOL**” to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Pool Schedule

SEP 15th - SEP 21st 2025

MON 15	TUE 16	WED 17	THU 18	FRI 19	SAT 20	SUN 21
Lap Swim 4:30am - 6:15am 5 LAP	Lap Swim 4:30am - 6:15am 4 LAP	Lap Swim 4:30am - 6:15am 5 LAP	Lap Swim 4:30am - 6:15am 4 LAP	Lap Swim 4:30am - 6:15am 5 LAP	Capital Aquatics 7:00am - 8:30am 6 LANES	Lap Swim 12:00pm - 1:00pm 6 LAP
GUARD BREAK 6:15am - 6:30am	Deep Water Jog 4:30am - 5:15am 2 LANES /4 LAP	GUARD BREAK 6:15am - 6:30am	Deep Water Jog 4:30am - 5:15am 2 LANES /4 LAP	GUARD BREAK 6:15am - 6:30am	Capital Aquatics 8:30am - 11:30am 5 LANES/1 LAP	DAN S.C.U.B.A 1:00pm - 3:00pm 1 LANE
Capital Aquatics 5:30am - 7:15am 1 LANE	GUARD BREAK 6:15am - 6:30am	Capital Aquatics 5:30am - 7:15am 1 LANE/5 LAP	GUARD BREAK 6:15am - 6:30am	Capital Aquatics 5:30am - 7:15am 1 LANE/5 LAP	GUARD BREAK 9:15am - 9:30am	Lap Swim 1:00pm - 2:00pm 5 LAP
Lap Swim 6:30am - 7:30am 5 LAP	Lap Swim 6:30am - 9:00am 6 LAP	Lap Swim 6:30am - 7:30am 5 LAP	Lap Swim 6:30am - 7:30am 6 LAP	Lap Swim 6:30am - 9:45am 5 LAP	Lap Swim 11:30am - 2:00pm 6 LAP	GUARD BREAK 2:00pm - 2:15pm
Fun & Fit (Faith) 7:30am - 9:00am 4 LANES /2 LAP	SPLASH! 9:00am - 12:00pm 6 LANES	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES /2 LAP	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES /2 LAP	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 2:00pm - 2:15pm	Lap Swim 2:15pm - 4:45pm 6 LAP
SPLASH! 9:00am - 12:00pm 6 LANES	GUARD BREAK 9:45am - 10:00am	SPLASH! 9:00am - 12:00pm 6 LANES	SPLASH! 9:00am - 12:00pm 6 LANES	Lap Swim 10:00am - 2:00pm 6 LAP	Lap Swim 2:15pm - 4:45pm 6 LAP	CLOSED 4:45pm
GUARD BREAK 9:45am - 10:00am	Lap Swim 12:00pm - 2:00pm 6 LAP	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm	
Lap Swim 12:00pm - 2:00pm 6 LAP	GUARD BREAK 2:00pm - 2:15pm	Lap Swim 12:00pm - 2:00pm 6 LAP	Lap Swim 12:00pm - 2:00pm 6 LAP	Lap Swim 2:15pm - 5:15pm 6 LAP		
GUARD BREAK 2:00pm - 2:15pm	Lap Swim 2:15pm - 4:45pm 6 LAP	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 5:15 - 5:30pm		
Lap Swim 2:15pm - 5:15pm 6 LAP	Grp Swim Lessons 4:45pm - 7:45pm 1 LANE	Lap Swim 2:15pm - 5:15pm 6 LAP	Lap Swim 2:15pm - 4:45pm 6 LAP	Capital Aquatics 5:30pm - 7:30pm 6 LANE		
GUARD BREAK 5:15 - 5:30pm	Capital Aquatics 5:00pm - 7:30pm 5 LANE	GUARD BREAK 5:15 - 5:30pm	Grp Swim Lessons 4:45pm - 7:45pm 1 LANE	Lap Swim 7:30pm - 8:45pm 6 LAP		
Capital Aquatics 5:30pm - 7:30pm 6 LANE	GUARD BREAK 5:15pm - 5:30pm	Capital Aquatics 5:30pm - 7:30pm 6 LANE	Capital Aquatics 5:00pm - 7:30pm 5 LANE	CLOSED 8:45pm		
Lap Swim 7:30pm - 8:45pm 6 LAP	Lap Swim 7:45pm - 8:45pm 6 LAP	Lap Swim 7:30pm - 8:45pm 6 LAP	GUARD BREAK 5:15pm - 5:30pm			
CLOSED 8:45pm	CLOSED 8:45pm	CLOSED 8:45pm	Lap Swim 7:45pm - 8:45pm 6 LAP			
			CLOSED 8:45pm			

Please note that Group Lessons require preregistration and payment.

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

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Check our [Facebook](#) page for the latest Pool Schedule

Schedules will be released on a weekly basis.

Revision Date 9/11/25

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.