



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Effective: SEPTEMBER 2025

- **Schedule is subject to change.**
- Under 10, accompanied by someone 18 years old or with an organized Y Program
- Times listed with \$\$ are paid programs/classes.
- **Outdoor programs subject to gym use due to weather.**

GYM SCHEDULE

GYM 1 (South Side) Courts 1 and 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	OPEN GYM 7a.m. -5p.m.	OPEN GYM 12p.m.-5p.m.
OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.		

GYM 2 (North Side) Courts 3 and 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	Open Pickleball 8:30a.m. -12p.m.	OPEN PICKLEBALL 12p.m.-3p.m.
Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.		NEW HOPE 3p.m.-5p.m.
OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12p.m.-5p.m.	PICKLEBALL LESSONS ARE AVAILABLE—SEE FRONT DESK OR KATHRYN

Basketball/
Open Gym

Special Events

Youth Sports

Pickleball



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Effective: OCTOBER 2025

- **Schedule is subject to change.**
- Under 10, accompanied by someone 18 years old or with an organized Y Program
- Times listed with \$\$ are paid programs/classes.
- **Outdoor programs subject to gym use due to weather.**

GYM SCHEDULE

GYM 1 (South Side) Courts 1 and 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	OPEN GYM 7a.m. - 8:30a.m.	Open Pickleball 12p.m.-3p.m.
Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	Open Pickleball 8:30a.m. -12p.m.	NEW HOPE 3p.m.-5p.m.
OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-9p.m.	OPEN GYM 12:00p.m.-5p.m.	

**ROOKIE
BASKETBALL
BEGINS WEEK OF
10/20/2025
OPEN GYM TIMES
WILL BE UPDATED
\$\$\$**

GYM 2 (North Side) Courts 3 and 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	BASKETBALL 4:30a.m. - 8:30a.m.	OPEN GYM 7a.m.-5p.m.	OPEN GYM 12p.m.-5p.m.
OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.	OPEN GYM 8:30a.m.-9p.m.		

**ROOKIE
BASKETBALL
BEGINS WEEK OF
10/20/2025
OPEN GYM TIMES
WILL BE UPDATED
\$\$\$**

**PICKLEBALL
LESSONS ARE
AVAILABLE—SEE
FRONT DESK OR
KATHRYN**

Basketball/ Open Gym	Special Events
Youth Sports	Pickleball