

# Pool JULY 28th – AUG 3rd 2025

MON 28	TUE 29	WED 30	THU 31	FRI 1	SAT 2	SUN 3
<b>Lap Swim</b> 4:30am – 6:15am 6 LAP	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP	<b>Lap Swim</b> 7:00am – 9:15am 6 LAP	<b>Lap Swim</b> 12:00pm – 2:00pm 6 LAP
<b>GUARD BREAK</b> 6:15am – 6:30am	<b>GUARD BREAK</b> 6:15am – 6:30am	<b>GUARD BREAK</b> 6:15am – 6:30am	<b>GUARD BREAK</b> 6:15am – 6:30am	<b>GUARD BREAK</b> 6:15am – 6:30am	<b>GUARD BREAK</b> 9:15am – 9:30am	<b>GUARD BREAK</b> 2:00pm – 2:15pm
<b>Capital Aquatics</b> 6:30am – 8:30am 5 LANES/1 LAP	<b>Capital Aquatics</b> 6:30am – 8:30am 5 LANES/1 LAP	<b>Capital Aquatics</b> 6:30am – 8:30am 5 LANES/1 LAP	<b>Capital Aquatics</b> 6:30am – 8:30am 5 LANES/1 LAP	<b>Capital Aquatics</b> 6:30am – 8:30am 5 LANES/1 LAP	<b>Lap Swim</b> 9:30am – 2:00pm 6 LAP	<b>Lap Swim</b> 2:15pm – 4:45pm 6 LAP
<b>Fun &amp; Fit (Faith)</b> 9:00am – 9:45am 4 LANES /2 LAP	<b>Lap Swim</b> 8:30am – 10:15am 6 LAP	<b>Fun &amp; Fit (Faith)</b> 9:00am – 9:45am 4 LANES /2 LAP	<b>Fun &amp; Fit (Faith)</b> 9:00am – 9:45am 4 LANES /2 LAP	<b>Lap Swim</b> 8:30am – 9:45am 6 LAP	<b>LIFEGUARD CERTIFICATION</b> 10:00am – 5:00pm 1 LANE (Part 1 in Conf. Rm. Part 2 in pool)	<b>CLOSED</b> 4:45pm
<b>GUARD BREAK</b> 9:45am – 10:00am	<b>GUARD BREAK</b> 9:45am – 10:00am	<b>GUARD BREAK</b> 9:45am – 10:00am	<b>GUARD BREAK</b> 9:45am – 10:00am	<b>GUARD BREAK</b> 9:45am – 10:00am		
<b>Total Body (Faith)</b> 10:00am – 10:45am 4 LANES /2 LAP	<b>Lap Swim</b> 10:00am – 2:00pm 6 LAP	<b>Total Body (Faith)</b> 10:00am – 10:45am 4 LANES /2 LAP	<b>Total Body (Faith)</b> 10:00am – 10:45am 4 LANES /2 LAP	<b>Lap Swim</b> 10:00am – 2:00pm 6 LAP	<b>GUARD BREAK</b> 2:00pm – 2:15pm	
<b>Lap Swim</b> 10:45am – 2:00pm 6 LAP	<b>GUARD BREAK</b> 2:00pm – 2:15pm	<b>Lap Swim</b> 10:45am – 2:00pm 6 LAP	<b>Lap Swim</b> 10:45am – 2:00pm 6 LAP	<b>GUARD BREAK</b> 2:00pm – 2:15pm	<b>Lap Swim</b> 2:15pm – 4:45pm 6 LAP	
<b>GUARD BREAK</b> 2:00pm – 2:15pm	<b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP	<b>GUARD BREAK</b> 2:00pm – 2:15pm	<b>GUARD BREAK</b> 2:00pm – 2:15pm	<b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP	<b>CLOSED</b> 4:45pm	
<b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP	<b>GUARD BREAK</b> 5:15pm – 5:30pm	<b>Lap Swim</b> 2:15pm – 5:15pm 5 LAP	<b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP	<b>GUARD BREAK</b> 5:15pm – 5:30pm		
<b>GUARD BREAK</b> 5:15pm – 5:30pm	<b>Capital Aquatics</b> 5:30pm – 7:30pm 4 LANES/1 LAP	<b>Private Swim Lessons</b> 3:00pm – 6:00pm, 1 LANE/5 LAP	<b>GUARD BREAK</b> 5:15pm – 5:30pm	<b>Lap Swim</b> 5:30pm – 7:45pm 6 LAP		
<b>Capital Aquatics</b> 5:30pm – 7:30pm 4 LANES/2 LAP	<b>Group Swim Lessons</b> 4:45pm – 7:45p, 1 LANE/1 LAP	<b>GUARD BREAK</b> 5:15pm – 5:30pm	<b>Capital Aquatics</b> 5:30pm – 7:30pm 4 LANES/1 LAP	<b>CLOSED</b> 7:45pm		
<b>CLOSED</b> 7:45pm	<b>CLOSED</b> 7:45pm	<b>Capital Aquatics</b> 5:30pm – 7:30pm 4 LANES/2 LAP	<b>Group Swim Lessons</b> 4:45pm – 7:45pm 1 LANE/1 LAP			
		<b>CLOSED</b> 7:45pm	<b>CLOSED</b> 7:45pm			

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text “**POOL**” to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

# Pool

## AUG 4th – AUG 10th 2025

MON 4	TUE 5	WED 6	THU 7	FRI 8	SAT 9	SUN 10
<b>Lap Swim</b> 4:30am – 6:15am 6 LAP  <b>GUARD BREAK</b> 6:15am – 6:30am  <b>Lap Swim</b> 6:30am – 9:00am 6 LAP  <u><b>Fun &amp; Fit (Faith)</b></u> 9:00am – 9:45am 4 LANES /2 LAP  <b>GUARD BREAK</b> 9:45am – 10:00am  <u><b>Total Body (Faith)</b></u> 10:00am – 10:45am 4 LANES /2 LAP  <b>Lap Swim</b> 10:45am – 2:00pm 6 LAP  <b>GUARD BREAK</b> 2:00pm – 2:15pm  <b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP  <b>GUARD BREAK</b> 5:15pm – 5:30pm  <b>Lap Swim</b> 5:30pm – 7:45pm 6 LAP  <b>CLOSED</b> 7:45pm	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP  <b>GUARD BREAK</b> 6:15am – 6:30am  <b>Lap Swim</b> 6:30am – 9:45am 6 LAP  <b>GUARD BREAK</b> 9:45am – 10:00am  <b>Lap Swim</b> 10:00am – 2:00pm 6 LAP  <b>GUARD BREAK</b> 2:00pm – 2:15pm  <b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP  <b>GUARD BREAK</b> 5:15pm – 5:30pm  <b>Lap Swim</b> 5:30pm – 7:45pm 6 LAP  <b>CLOSED</b> 7:45pm	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP  <b>GUARD BREAK</b> 6:15am – 6:30am  <b>Lap Swim</b> 6:30am – 9:00am 6 LAP  <u><b>Fun &amp; Fit (Faith)</b></u> 9:00am – 9:45am 4 LANES /2 LAP  <b>GUARD BREAK</b> 9:45am – 10:00am  <u><b>Total Body (Faith)</b></u> 10:00am – 10:45am 4 LANES /2 LAP  <b>Lap Swim</b> 10:45am – 2:00pm 6 LAP  <b>GUARD BREAK</b> 2:00pm – 2:15pm  <b>Lap Swim</b> 2:15pm – 5:15pm 5 LAP  <b>GUARD BREAK</b> 5:15pm – 5:30pm  <b>Lap Swim</b> 5:30pm – 7:45pm 6 LAP  <b>CLOSED</b> 7:45pm	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP  <b>GUARD BREAK</b> 6:15am – 6:30am  <b>Lap Swim</b> 6:30am – 9:00am 6 LAP  <u><b>Fun &amp; Fit (Faith)</b></u> 9:00am – 9:45am 4 LANES /2 LAP  <b>GUARD BREAK</b> 9:45am – 10:00am  <u><b>Total Body (Faith)</b></u> 10:00am – 10:45am 4 LANES /2 LAP  <b>Lap Swim</b> 10:45am – 2:00pm 6 LAP  <b>GUARD BREAK</b> 2:00pm – 2:15pm  <b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP  <b>GUARD BREAK</b> 5:15pm – 5:30pm  <b>Lap Swim</b> 5:30pm – 7:45pm 6 LAP  <b>CLOSED</b> 7:45pm	<b>Lap Swim</b> 4:30am – 6:15am 6 LAP  <b>GUARD BREAK</b> 6:15am – 6:30am  <b>Lap Swim</b> 6:30am – 9:00am 6 LAP  <b>GUARD BREAK</b> 9:45am – 10:00am  <b>Lap Swim</b> 10:00am – 2:00pm 6 LAP  <b>GUARD BREAK</b> 2:00pm – 2:15pm  <b>Lap Swim</b> 2:15pm – 5:15pm 6 LAP  <b>GUARD BREAK</b> 5:15pm – 5:30pm  <b>Lap Swim</b> 5:30pm – 7:45pm 6 LAP  <b>CLOSED</b> 7:45pm	<b>Lap Swim</b> 7:00am – 9:15am 6 LAP  <b>GUARD BREAK</b> 9:15am – 9:30am  <b>Lap Swim</b> 9:30am – 2:00pm 6 LAP  <b>GUARD BREAK</b> 2:00pm – 2:15pm  <b>Lap Swim</b> 2:15pm – 4:45pm 6 LAP  <b>CLOSED</b> 4:45pm	<b>Lap Swim</b> 12:00pm – 2:00pm 6 LAP  <b>GUARD BREAK</b> 2:00pm – 2:15pm  <b>Lap Swim</b> 2:15pm – 4:45pm 6 LAP  <b>CLOSED</b> 4:45pm

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

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Check our **Facebook** page for the latest Pool Schedule

**Schedules will be released on a weekly basis.**

*Revision Date 7/30/25*

### YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.