

# Lap Pool JUNE 16 - JUNE 22 2025

MON 16	TUE 17	WED 18	THU 19	FRI 20	SAT 21	SUN 22
<b>Lap Swim</b> 4:30am - 6:15am	<b>Lap Swim</b> 4:30am - 6:15am	<b>Lap Swim</b> 4:30am - 6:15am	<b>Lap Swim</b> 4:30am - 6:15am	<b>Lap Swim</b> 4:30am - 6:15am	<b>Lap Swim</b> 7:00am - 10:30am	<b>Lap Swim</b> 12:00pm - 2:00pm
6 LAP	4 LAP	6 LAP	4 LAP	6 LAP	5 LAP	6 LAP
GUARD BREAK 6:15am - 6:30am	Deep Water Jog 4:30am - 5:15am 2 LANES	GUARD BREAK 6:15am - 6:30am	Deep Water Jog 4:30am - 5:15am 2 LANES	GUARD BREAK 6:15am - 6:30am	GUARD BREAK 10:30am - 10:45am	GUARD BREAK 2:00pm - 2:15pm
Capital Aquatics		<b>Capital Aquatics</b>	2 1/11413	<b>Capital Aquatics</b>	Lap Swim	Lap Swim
6:30am - 8:30am 6 LANES	GUARD BREAK 6:15am - 6:30am	6:30am - 8:30am 6 LANES	GUARD BREAK 6:15am - 6:30am	6:30am - 8:30am 6 LANES	10:45am - 2:00pm 6 LAP	2:15pm - 4:45pm 6 LAP
Fun & Fit (Faith) 9:00am - 9:45am 4 LANES /2 LAP	Capital Aquatics 6:30am - 8:30am 6 LANES	Fun & Fit (Faith) 9:00am - 9:45am 4 LANES /2 LAP	Capital Aquatics 6:30am - 8:30am	<b>Lap Swim</b> 8:30am - 9:45am 6 LAP	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm
4 LANES / Z LAI		4 LANLS / 2 LAF	6 LANES	O LAI	Lap Swim	
GUARD BREAK 9:45am - 10:00am	<b>Lap Swim</b> 8:30am - 10:15am 6 LAP	<b>GUARD BREAK</b> 9:45am - 10:00am	Fun & Fit (Faith) 9:00am - 9:45am	GUARD BREAK 9:45am - 10:00am	2:15pm - 4:45pm 6 LAP	
Total Body (Faith)	U LAF	Total Body (Faith)	4 LANES /2 LAP	Lap Swim	CLOSED 4:45pm	
10:00am - 10:45am 4 LANES /1 LAP	GUARD BREAK 10:15am - 10:30am	10:00am - 10:45am 4 LANES /1 LAP	GUARD BREAK 9:45am - 10:00am	10:00am - 2:00pm 5 LAP		
<b>Lap Swim</b> 10:45am - 2:00pm	<b>Lap Swim</b> 10:30am - 2:00pm	<b>Lap Swim</b> 10:45am - 2:00pm	Total Body (Faith) 10:00am - 10:45am	GUARD BREAK 2:00pm - 2:15pm		
6 LAP	6 LAP	5 LAP	4 LANES /1 LAP			
GUARD BREAK	GUARD BREAK	Private Swim	Lap Swim	<b>Lap Swim</b> 2:15pm - 5:15pm		
2:00pm - 2:15pm	2:00pm - 2:15pm	Lessons 11:00am - Noon	10:45am - 2:00pm 6 LAP	6 LAP		
Lap Swim	Lap Swim	1 LANE/5 LAP		GUARD BREAKS		
2:15pm - 5:15pm 6 LAP	2:15pm - 5:15pm 6 LAP	GUARD BREAK	GUARD BREAK 2:00pm - 2:15pm	5:15pm - 5:30pm		
		2:00pm - 2:15pm	2.00pm 2.13pm	Lap Swim		
GUARD BREAKS	GUARD BREAKS		Lap Swim	5:30pm - 7:45pm		
5:15pm - 5:30pm	5:15pm - 5:30pm	<b>Lap Swim</b> 2:15pm - 5:15pm	2:15pm - 5:15pm 6 LAP	6 LAP		
<b>Capital Aquatics</b>	<b>Capital Aquatics</b>	6 LAP	0 1711	CLOSED 7:45pm		
5:30pm - 7:30pm	5:30pm - 7:30pm	CHARD DEFAKE	GUARD BREAKS			
4 LANES/2 LAP	4 LANES/1 LAP	GUARD BREAKS 5:15pm - 5:30pm	5:15pm - 5:30pm			
CLOSED 7:45pm	Group Swim	3.13pm 3.30pm	<b>Capital Aquatics</b>			
	Lessons	Capital Aquatics	5:30pm - 7:30pm			
	4:45pm - 7:45p, 1 LANE/1 LAP	5:30pm - 7:30pm 4 LANES/2 LAP	4 LANES/1 LAP			
	CLOSED 7 AF	a: 0.555 7.45	Group Swim			
	CLOSED 7:45pm	CLOSED 7:45pm	<b>Lessons</b> 4:45pm - 7:45pm 1 LANE/1 LAP			
			CLOSED 7:45pm			
Total <mark>Lap</mark> Hours Available	Total <mark>Lap</mark> Hours Available	Total <mark>Lap</mark> Hours Available	Total <mark>Lap</mark> Hours Available	Total <mark>Lap</mark> Hours Available	Total <mark>Lap</mark> Hours Available	Total <mark>Lap</mark> Hours Available

Total <mark>Lap</mark> Hours Available <u>11.5/15.25</u>

Available 12/15.25 Total Lap Hours Available 11.5/15.25

Available 11.5/15.25 Total Lap Hours Available 10/15.25 Total Lap Hour Available <u>9/9.75</u> Total <mark>Lap</mark> Hours Available <u>4.5/4.75</u>

Weekly total 71 hours/90.75 79% Total Operational Hours dedicated to Lap Swim

Lanes sometimes open for Lap swim during the Swim Team practices. Call for availability!

Text "POOL" to (812) 734-0770 for up-to-the-minute schedule updates



11.5/15.25

12/15.25

11.5/15.25

# Lap Pool JUNE 23 - JUNE 29 2025

MON 23	TUE 24	WED 25	THU 26	FRI 27	SAT 28	SUN 29
Lap Swim						
4:30am - 6:15am	7:00am - 10:30am	12:00pm - 2:00pm				
6 LAP	4 LAP	6 LAP	4 LAP	6 LAP	6 LAP	6 LAP
<b>GUARD BREAK</b>	Deep Water Jog	<b>GUARD BREAK</b>	Deep Water Jog	<b>GUARD BREAK</b>	Lifeguard	<b>GUARD BREAK</b>
6:15am - 6:30am	4:30am - 5:15am	6:15am - 6:30am	4:30am - 5:15am	6:15am - 6:30am	Certifications	2:00pm - 2:15pm
	2 LANES		2 LANES		10:00am - 5:00pm	
Capital Aquatics	CHADD BDEAK	Capital Aquatics	CHARD BREAK	Capital Aquatics	1 LANE	Lap Swim
6:30am - 8:30am 6 LANES	GUARD BREAK 6:15am - 6:30am	6:30am - 8:30am 6 LANES	GUARD BREAK 6:15am - 6:30am	6:30am - 8:30am 6 LANES	<b>GUARD BREAK</b>	2:15pm - 4:45pm 6 LAP
O LYNVES	0.15um 0.50um	O LANLS	0:13diii - 0:30diii	O LANALS	10:30am - 10:45am	U LAF
Fun & Fit (Faith)	<b>Capital Aquatics</b>	Fun & Fit (Faith)	Capital Aquatics	Lap Swim		CLOSED 4:45pm
9:00am - 9:45am	6:30am - 8:30am	9:00am - 9:45am	6:30am - 8:30am	8:30am - 9:45am	Lap Swim	•
4 LANES /2 LAP	6 LANES	4 LANES /2 LAP	6 LANES	6 LAP	10:45am - 2:00pm	
CHARD BREAK	Lan Cuim	CHARD BREAK		CHARD BREAK	5 LAP	
GUARD BREAK 9:45am - 10:00am	<b>Lap Swim</b> 8:30am - 10:15am	GUARD BREAK 9:45am - 10:00am	Fun & Fit (Faith)	GUARD BREAK 9:45am - 10:00am	GUARD BREAK	
J.45aiii 10.00aiii	6 LAP	5:45diii - 10:00diii	9:00am - 9:45am 4 LANES /2 LAP	J. 4 Jain 10.00ain	2:00pm - 2:15pm	
Total Body (Faith)	5 <u>-</u> 2	Total Body (Faith)	T LANLS / Z LAI	Lap Swim	2,000 2,.00	
10:00am - 10:45am	<b>GUARD BREAK</b>	10:00am - 10:45am	<b>GUARD BREAK</b>	10:00am - 2:00pm	Lap Swim	
4 LANES /1 LAP	10:15am - 10:30am	4 LANES /1 LAP	9:45am - 10:00am	5 LAP	2:15pm - 4:45pm	
				C11400 005414	5 LAP	
Lap Swim	Lap Swim	Lap Swim	Total Body (Faith)	GUARD BREAK	CLOSED 4 45mm	
10:45am - 2:00pm 6 LAP	10:30am - 2:00pm 6 LAP	10:45am - 2:00pm 6 LAP	10:00am - 10:45am 4 LANES /1 LAP	2:00pm - 2:15pm	CLOSED 4:45pm	
O DA	0 1711	O LAI	4 LANES / I LAP	Lap Swim		
<b>GUARD BREAK</b>	<b>GUARD BREAK</b>	<b>GUARD BREAK</b>	Lap Swim	2:15pm - 5:15pm		
2:00pm - 2:15pm	2:00pm - 2:15pm	2:00pm - 2:15pm	10:45am - 2:00pm	6 LAP		
Lau Carlon	1 C!		6 LAP	CHARD BREAKS		
<b>Lap Swim</b> 2:15pm - 5:15pm	<b>Lap Swim</b> 2:15pm - 5:15pm	Lap Swim	CHARD BREAK	GUARD BREAKS 5:15pm - 5:30pm		
6 LAP	6 LAP	2:15pm - 5:15pm 6 LAP	GUARD BREAK 2:00pm - 2:15pm	3: 13piii - 3:30piii		
0 1.11	0 17 11	O L/ (I	2.00pm 2.13pm	Lap Swim		
<b>GUARD BREAKS</b>	<b>GUARD BREAKS</b>	<b>GUARD BREAKS</b>	Lap Swim	5:30pm - 7:45pm		
5:15pm - 5:30pm	5:15pm - 5:30pm	5:15pm - 5:30pm	2:15pm - 5:15pm	5 LAP		
			6 LAP			
Capital Aquatics	Capital Aquatics	Capital Aquatics	CHARD BREAKS	Lifeguard Certifications		
5:30pm - 7:30pm 4 LANES/2 LAP	5:30pm - 7:30pm 4 LANES/1 LAP	5:30pm - 7:30pm 4 LANES/2 LAP	GUARD BREAKS 5:15pm - 5:30pm	6:00pm - 8:45pm		
1 1/11413/ 2 1/11	I E/MVES/ I E/M	T LANLS/ Z LAI	3:13piii - 3:30piii	1 LANE		
CLOSED 7:45pm	Group Swim	CLOSED 7:45pm	Capital Aquatics			
	Lessons	•	5:30pm - 7:30pm	CLOSED 7:45pm		
	4:45pm - 7:45p,		4 LANES/1 LAP			
	1 LANE/1 LAP					
	CLOSED 7:45pm		Group Swim			
	CLOSED 7:43piil		<b>Lessons</b> 4:45pm - 7:45pm			
			1 LANE/1 LAP			
			CLOSED 7:45pm			
Total <mark>Lap</mark> Hours Available						

Weekly total 71 hours/90.75 79% Total Operational Hours dedicated to Lap Swim

4.5/4.75

Lanes sometimes open for Lap swim during the Swim Team practices. Call for availability!

11.5/15.25

10/15.25

9/9.75

Text "POOL" to (812) 734-0770 for up-to-the-minute schedule updates



## LAP POOL JUNE 23 - JUNE 29 2025

## Schedules will be released on a weekly basis.

Revision Date 6/20/25

### YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.