

Lap Pool

APR 21 - APR 27 2025

| MON 21 | TUE 22 | WED 23 | THU 24 | FRI 25 | SAT 26 | SUN 27 |
|--|---|--|--|---|---|--|
| Lap Swim 4:30am - 6:45am 6 LAP | Lap Swim 4:30am - 6:45am 4 LAP | Lap Swim 4:30am - 6:45am 6 LAP | Lap Swim 4:30am - 6:45am 4 LAP | Lap Swim 4:30am - 6:45am 6 LAP | Lap Swim 7:00am - 10:30am 5 LAP | Lap Swim 12:00pm - 2:00pm 6 LAP |
| GUARD BREAK 6:45am - 7:00am | Deep Water Jog 4:30am - 5:15am 2 LANES | GUARD BREAK 6:45am - 7:00am | Deep Water Jog 4:30am - 5:15am 2 LANES | GUARD BREAK 6:45am - 7:00am | GUARD BREAK 10:30am - 10:45am | GUARD BREAK 2:00pm - 2:15pm |
| Lap Swim 7:00am - 9:00am 6 LAP | GUARD BREAK 6:45am - 7:00am | Lap Swim 7:00am - 9:00am 6 LAP | GUARD BREAK 6:45am - 7:00am | Lap Swim 7:00am - 9:45am 6 LAP | Lap Swim 10:45pm - 12:00pm 4 LAP | Lap Swim 2:15pm - 4:45pm 6 LAP |
| Fun & Fit (Faith) 9:00am - 9:45am 4 LANES / 2 LAP | Lap Swim 7:00am - 10:30am 6 LAP | Fun & Fit (Faith) 9:00am - 9:45am 4 LANES / 2 LAP | Lap Swim 7:00am - 9:00am 6 LAP | GUARD BREAK 9:45am - 10:00am | HAPPY HEALTHY KIDS DAY! FREE SWIM 12:00pm - 1:00pm 6 OPEN NO LAPS | CLOSED 4:45pm |
| GUARD BREAK 9:45am - 10:00am | GUARD BREAK 9:45am - 10:00am | GUARD BREAK 9:45am - 10:00am | Fun & Fit (Faith) 9:00am - 9:45am 4 LANES / 2 LAP | Lap Swim 10:00am - 2:00pm 6 LAP | GUARD BREAK 2:00pm - 2:15pm | |
| Total Body (Faith) 10:00am - 10:45am 4 LANES / 2 LAP | Lap Swim 10:00am - 2:00pm 4 LAP | Total Body (Faith) 10:00am - 10:45am 4 LANES / 2 LAP | GUARD BREAK 9:45am - 10:00am | GUARD BREAK 2:00pm - 2:15pm | GUARD BREAK 2:00pm - 2:15pm | |
| Lap Swim 10:45am - 2:00pm 6 LAP | GUARD BREAK 2:00pm - 2:15pm | Lap Swim 10:45am - 2:00pm 6 LAP | Total Body (Faith) 10:00am - 10:45am 4 LANES / 2 LAP | Lap Swim 2:15pm - 5:15pm 6 LAP | Lap Swim 2:15pm - 4:45pm 4 LAP | |
| GUARD BREAK 2:00pm - 2:15pm | Lap Swim 2:15pm - 5:15pm 6 LAP | GUARD BREAK 2:00pm - 2:15pm | Lap Swim 10:45am - 2:00pm 6 LAP | GUARD BREAKS 5:15pm - 5:30pm | CLOSED 4:45pm | |
| Lap Swim 2:15pm - 5:15pm 6 LAP | GUARD BREAKS 5:15pm - 5:30pm | Lap Swim 2:15pm - 5:15pm 6 LAP | GUARD BREAK 2:00pm - 2:15pm | Capital Aquatics 5:30pm - 7:30pm 6 LANES | | |
| GUARD BREAKS 5:15pm - 5:30pm | Capital Aquatics 5:30pm - 7:30pm 6 LANES | GUARD BREAKS 5:15pm - 5:30pm | Lap Swim 2:15pm - 5:15pm 6 LAP | Lap Swim 7:30pm - 8:45pm 6 LAP | | |
| Capital Aquatics 5:30pm - 7:30pm 6 LANES | Lap Swim 7:30pm - 8:45pm 6 LAP | Capital Aquatics 5:30pm - 7:30pm 6 LANES | GUARD BREAKS 5:15pm - 5:30pm | CLOSED 8:45pm | | |
| Lap Swim 7:30pm - 8:45pm 6 LAP | CLOSED 8:45pm | Lap Swim 7:30pm - 8:45pm 6 LAP | Capital Aquatics 5:30pm - 7:30pm 6 LANES | | | |
| CLOSED 8:45pm | | CLOSED 8:45pm | Lap Swim 7:30pm - 8:45pm 6 LAP | | | |
| | | | CLOSED 8:45pm | | | |

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our [Facebook](#) page for the latest Pool Schedule

LAP POOL APRIL 21th – APRIL 27 2025

Schedules will be released on a weekly basis.

Revision Date 4/19/25

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.