



OF HARRISON COUNTY

Newsletter

SPRING 2025

Gearing Up for Spring Events & Healthy Kids Day!

Join the YMCA of Harrison County on Healthy Kids Day for games, snacks, family fitness demos and more to kickoff a healthy summer season. Let's grow strong, stay active, get connected and enjoy every moment this summer! Join us Saturday, April 26th at 9:00 am - 2:00 pm (inside). Free and open to the public. This date will also coincide with Spring Rec Soccer Photos at the Pavilion, so bring the family! Local Youth-Focus Community Partners interested in having a booth, contact Faith: fbenham@ymcaharrison.org

Easter

Free Event
Details on Facebook!

Egg Hunt, Bunny Photos & More!
SAT., APRIL 12TH 10 AM - 2 PM



80s Dance



Friday, May 16th 6:30-8:30
Dance the Night Away at the Y!

THIS SPRING!



In the Pool!

the YMCA

HEALTHY KIDS DAY

APRIL 26

National Sponsor
PEANUTS

© PNTS

Check Our Facebook Page for Y Events & Details



MEET & GREET with the SIFC PLAYERS

- Free Event to Public
- Meet the Mascot
- Get Player Autographs
- Hear from Head Coach for Pro & Director of Coaching for Academy Brad Hauter



MARCH 27

THURSDAY
5:30 - 7:30 PM



MINI-GRANT ANNOUNCEMENTS

We sincerely thank our local community partners and Y-USA for their generous support and the opportunity to receive mini-grants for programming in 2025. Your commitment helps us continue to provide impactful programs that strengthen our community. We appreciate your partnership and dedication to making a difference! We also received Y-USA mini grants to directly help support our Active Aging Adult Programs and Water Safety Initiatives.



Replacement of Pool Racing Lane Lines



Nutrition/Physical Activity Youth Programming



SEL/Dance Youth Programming



Safety & Sensory Updates to Kids Zone



The Fight Against Parkinson's:

Rock Steady Boxing is underway and we are seeking community sponsors: By sponsoring a participant for a whole year you are giving the gift of well-being to someone with Parkinson's. and giving them access to evidence-based and facilitators who are compassionate and certified.

To sponsor, contact Sarah:
sgrimes@ymcaharrison.org
 \$300 / Per Year Y Member
 \$480 / Per Year Non-Member



Simple & Effective 20-Minute Sessions with Results!

April 8th - May 29th T/TH 6-6:30p
 SPRINT 8@ is an efficient, fat-burning sprint-intensity interval program that gives you a complete cardio workout, including warm-up and cool-down, in just 20 minutes.
 Info: sgrimes@ymcaharrison.org

SPLASH BURN

COMING THIS MAY!

A deep-water free-weight/aerobic fitness program incorporating water confidence, breath control and mental conditioning to deliver a unique, full body functional fitness alternative not available in any other facility in the area. **Great Supplemental Training for Firefighters, Emergency Responders, Police Officers, Etc.**

Info: tmoodie@ymcaharrison.org



Leadership TEAM

Chief Executive Officer
Andrew Settle

Chief Operating Officer
Emily Siler

Aquatics Director
Timothy Moodie

Facilities Director
Mark Frye

Membership Director
Brittany Fried

People & Finance Director
April Harmon

Sports Director
Kathryn von Heimburg

Wellness Director
Sarah Vincent Grimes



Newsletter

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