

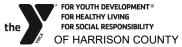
Lap Pool

MAR 17 - MAR 23 2025

MON 17	TUE 18	WED 19	THU 20	FRI 21	SAT 22	SUN 23
Lap Swim 4:30am - 6:45am 6 LAP	Lap Swim 4:30am - 6:45am 4 LAP	Lap Swim 4:30am - 6:45am 6 LAP	Lap Swim 4:30am - 6:45am 4 LAP	Lap Swim 4:30am - 7:00am 6 LAP	Lap Swim 7:00am - 10:30am 5 LAP	Lap Swim 12:00pm- 2:00pm 6 LAP
GUARD BREAK 6:45am - 7:00am	Deep Water Jog 4:30am - 5:15am 2 LANES/4 LAP	GUARD BREAK 6:45am - 7:00am	Deep Water Jog 4:30am - 5:15am 2 LANES/4 LAP	GUARD BREAK 6:45am - 7:00am	GUARD BREAK 10:30am - 10:45am	GUARD BREAK 2:00pm - 2:15pm
Lap Swim 7:00am - 9:00am 6 LAP	GUARD BREAK 6:45am - 7:00am	Lap Swim 7:00am - 9:00am 6 LAP	GUARD BREAK 6:45 - 7:00am	Lap Swim 7:00am - 9:45am 6 LAP	Lap Swim 10:45pm- 2:00pm 5 LAP	Lap Swim 2:15pm - 4:45pm 6 LAP
Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap Swim 7:00am - 9:00am 6 LAP	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap Swim 7:00am - 9:00am 6 LAP	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm
ME Splash! 9:00am - 10:30am 6 LANES	ME Splash! 9:00am - 10:30am 6 LANES	ME Splash! 9:00am - 10:30am 6 LANES	ME Splash! 9:00am - 10:30am 6 LANES	Lap Swim 10:00am - 2:00pm 6 LAP	Lap Swim 2:15pm - 4:45pm 6 LAP	
GUARD BREAK 10:30am - 10:45am	GUARD BREAK 10:30am - 10:45am	GUARD BREAK 10:30am - 10:45am	GUARD BREAK 10:30am - 10:45am	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm	
Lap Swim 10:45am - 2:00pm 6 LAP	Lap Swim 10:45am - 2:00pm 6 LAP	Lap Swim 10:45am - 2:00pm 6 LAP	Lap Swim 10:45am - 2:00pm 6 LAP	Lap Swim 2:15pm - 6:30pm 6 LAP		
GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAKS 6:30pm - 6:45pm Lap Swim		
Lap Swim 2:15pm - 5:30pm 6 LAP	Lap Swim 2:15pm - 5:00pm 6 LAP	Lap Swim 2:15pm - 5:30pm 6 LAP	Lap Swim 2:15pm - 5:00pm 6 LAP	6:45pm - 8:45pm 6 LAP		
Capital Aquatics 5:30pm - 7:30pm 6 LANES	Capital Aquatics 5:00pm - 7:30pm 6 LANES	Capital Aquatics 5:30pm - 7:30pm 6 LANES	Capital Aquatics 5:00pm - 7:30pm 6 LANES	CLOSED 8:45pm		
GUARD BREAKS 6:30pm - 6:45pm	GUARD BREAKS 6:30pm - 6:45pm	GUARD BREAKS 6:30pm - 6:45pm	GUARD BREAKS 6:30pm - 6:45pm			
Lap Swim 7:30pm - 8:45pm 6 LAP	Lap Swim 7:30pm - 8:45pm 6 LAP	Lap Swim 7:30pm - 8:45pm 6 LAP	Lap Swim 7:30pm - 8:45pm 6 LAP			
CLOSED 8:45pm	CLOSED 8:45pm	CLOSED 8:45pm	CLOSED 8:45pm			

Lanes sometimes open for Lap swim during the Swim Team practices. Call for availability!

Text "POOL" to (812) 734-0770 for up-to-the-minute schedule updates



Lap Pool

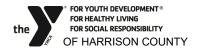
MAR 24 - MAR 30 2025

SAT 29 TUE 25 THU 27 FRI 28 MON 24 WED 26 SUN 30 Lap Swim 7:00am - 10:30am 4:30am - 6:45am 4:30am - 6:45am 4:30am - 6:45am 4:30am - 7:00am 12:00pm- 2:00pm 4:30am - 6:45am 6 LAP 4 LAP 6 LAP 5 LAP 6 I AP 6 I AP 4 LAP **GUARD BREAK GUARD BREAK Deep Water Jog GUARD BREAK Deep Water Jog** Lifeguard In-**GUARD BREAK** 6:45am - 7:00am 4:30am - 5:15am 4:30am - 5:15am 6:45am - 7:00am 6:45am - 7:00am 2:00pm - 2:15pm 2 LANES 10:00am - 12:00pm 2 LANES Lap Swim Lap Swim Lap Swim 2 LANES Lap Swim 7:00am - 9:00am **GUARD BREAK** 7:00am - 9:00am **GUARD BREAK** 7:00am - 9:45am 2:15pm - 4:45pm 6 LAP 6:45am - 7:00am 6 I AP 6:45am - 7:00am 6 LAP **GUARD BREAK** 6 LAP 10:30am - 10:45am Fun & Fit (Faith) **GUARD BREAK** Lap Swim Fun & Fit (Faith) Lap Swim Lifeguard In-7:00am - 10:30am 9:00am - 9:45am 9:00am - 9:45am 7:00am - 9:00am 9:45am - 10:00am Lap Swim 4 LANES / 2 LAP 6 LAP 4 LANES / 2 LAP 10:45pm- 2:00pm 4:00pm - 6:00pm 6 LAP Lap Swim 5 LAP 2 LANES **GUARD BREAK GUARD BREAK** 10:00am - 2:00pm **GUARD BREAK** Fun & Fit (Faith) 9:45am - 10:00am 10:30am - 10:45am 9:45am - 10:00am 9:00am - 9:45am 6 LAP **GUARD BREAK** CLOSED 4:45pm 2:00pm - 2:15pm 4 LANES / 2 LAP Total Body (Faith) Lap Swim **Total Body (Faith) GUARD BREAK** 10:00am - 10:45am 10:45am - 2:00pm 2:00pm - 2:15pm 10:00am - 10:45am **GUARD BREAK** Lap Swim 4 LANES / 2 LAP 6 I AP 4 LANES / 2 LAP 9:45am - 10:00am 2:15pm - 4:45pm Lap Swim 6 LAP **GUARD BREAK** Lap Swim Lap Swim Total Body (Faith) 2:15pm - 6:30pm 10:45am - 2:00pm 2:00pm - 2:15pm 6 LAP 10:45am - 2:00pm CLOSED 4:45pm 10:00am - 10:45am 6 LAP 6 LAP 4 LANES / 2 LAP Lap Swim **GUARD BREAKS GUARD BREAK** 2:15pm - 4:30pm **GUARD BREAK** 6:30pm - 6:45pm Lap Swim 2:00pm - 2:15pm 6 LAP 2:00pm - 2:15pm 10:45am - 2:00pm 6 LAP Lap Swim Lap Swim Lap Swim Lap Swim 6:45pm - 8:45pm 4:30pm - 6:30pm **GUARD BREAK** 6 LAP 2:15pm - 6:30pm 2:15pm - 6:30pm 6 LAP 4 LAP 6 I AP 2:00pm - 2:15pm CLOSED 8:45pm **GUARD BREAKS GUARD BREAKS GUARD BREAKS** Lap Swim 6:30pm - 6:45pm 6:30pm - 6:45pm 6:30pm - 6:45pm 2:15pm - 4:30pm 6 LAP Lap Swim Lap Swim Lap Swim 6:45pm - 8:45pm 6:45pm - 8:45pm 6:45pm - 8:45pm Lap Swim 6 LAP 6 LAP 6 LAP 4:30pm - 6:30pm 4 LAP CLOSED 8:45pm CLOSED 8:45pm CLOSED 8:45pm **GUARD BREAKS** 6:30pm - 6:45pm Lap Swim 6:45pm - 8:45pm 6 LAP

CLOSED 8:45pm

Lanes sometimes open for Lap swim during the Swim Team practices. Call for availability!

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Lap Pool

MAR 31 - APRIL 6 2025

FRI 4 SAT 5 MON 31 TUE 1 WED 2 THU 3 SUN 6 Lap Swim 4:30am - 6:45am 4:30am - 6:45am 4:30am - 6:45am 4:30am - 7:00am 7:00am - 10:30am 12:00pm- 2:00pm 4:30am - 6:45am 6 LAP 4 LAP 6 LAP 5 LAP 6 I AP 6 I AP 4 LAP **GUARD BREAK GUARD BREAK GUARD BREAK Deep Water Jog GUARD BREAK** Deep Water Jog **GUARD BREAK** 6:45am - 7:00am 4:30am - 5:15am 4:30am - 5:15am 6:45am - 7:00am 10:30am - 10:45am 6:45am - 7:00am 2:00pm - 2:15pm 2 LANES 2 LANES Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim 7:00am - 9:00am **GUARD BREAK** 7:00am - 9:00am **GUARD BREAK** 7:00am - 9:45am 10:45pm- 2:00pm 2:15pm - 4:45pm 6 LAP 6:45am - 7:00am 6 I AP 6:45am - 7:00am 6 LAP 5 LAP 6 LAP Fun & Fit (Faith) **GUARD BREAK GUARD BREAK** Lap Swim Fun & Fit (Faith) Lap Swim CLOSED 4:45pm 7:00am - 10:30am 9:00am - 9:45am 9:00am - 9:45am 9:45am - 10:00am 2:00pm - 2:15pm 7:00am - 9:00am 4 LANES / 2 LAP 6 LAP 4 LANES / 2 LAP 6 LAP Lap Swim Lap Swim **GUARD BREAK GUARD BREAK** 10:00am - 2:00pm **GUARD BREAK** 2:15pm - 4:45pm Fun & Fit (Faith) 9:45am - 10:00am 10:30am - 10:45am 9:45am - 10:00am 9:00am - 9:45am 6 LAP 6 LAP 4 LANES / 2 LAP Total Body (Faith) Lap Swim **Total Body (Faith) GUARD BREAK** CLOSED 4:45pm 10:00am - 10:45am 10:45am - 2:00pm 2:00pm - 2:15pm 10:00am - 10:45am **GUARD BREAK** 4 LANES / 2 LAP 6 I AP 4 LANES / 2 LAP 9:45am - 10:00am Lap Swim **GUARD BREAK** Lap Swim Lap Swim 2:15pm - 6:30pm Total Body (Faith) 10:45am - 2:00pm 2:00pm - 2:15pm 6 LAP 10:45am - 2:00pm 10:00am - 10:45am 6 LAP 6 LAP 4 LANES / 2 LAP Lap Swim **GUARD BREAKS GUARD BREAK** 2:15pm - 6:30pm **GUARD BREAK** 6:30pm - 6:45pm Lap Swim 2:00pm - 2:15pm 6 LAP 2:00pm - 2:15pm 10:45am - 2:00pm 6 LAP Lap Swim Lap Swim **Private Lessons** Lap Swim 6:45pm - 8:45pm **GUARD BREAK** 6 LAP 2:15pm - 6:30pm 4:30pm - 5:30pm 2:15pm - 6:30pm 6 LAP 2 LANES 6 I AP 2:00pm - 2:15pm CLOSED 8:45pm **GUARD BREAKS Group Lessons GUARD BREAKS** Lap Swim 5:30pm - 7:45pm 6:30pm - 6:45pm 6:30pm - 6:45pm 2:15pm - 6:30pm 2 LANES 6 LAP Lap Swim Lap Swim **GUARD BREAKS** 6:45pm - 8:45pm 6:45pm - 8:45pm **Private Lessons** 6 LAP 6:30pm - 6:45pm 6 LAP 4:30pm - 5:30pm 2 LANES CLOSED 8:45pm Lap Swim CLOSED 8:45pm 7:45pm - 8:45pm **Group Lessons** 6 LAP 5:30pm - 7:45pm 2 LANES CLOSED 8:45pm **GUARD BREAKS** 6:30pm - 6:45pm Lap Swim 7:45pm - 8:45pm 6 LAP

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CLOSED 8:45pm

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LAP POOL

MAR 17 - MAR 23 2025

Schedules will be released on a weekly basis.

Revision Date 3/13/25

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with he Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.