

Lap Pool

JAN 27 - FEB 2 2025

| MON 27 | TUE 28 | WED 29 | THU 30 | FRI 31 | SAT 1 | SUN 2 |
|--|---|--|---|---|---|---|
| Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 7:00am - 10:30am 6 LAP | Lap/Open Swim 12:00pm - 2:00pm 6 LAP |
| CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | Deep Water Jog 4:30am - 5:15am 1 LANE | CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | Deep Water Jog 4:30am - 5:15am 1 LANE | CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | GUARD BREAK 10:30am - 10:45am | GUARD BREAK 2:00pm - 2:15pm |
| GUARD BREAK 7:00am - 7:15am | CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | GUARD BREAK 7:00am - 7:15am | CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | GUARD BREAK 7:00am - 7:15am | Lap Swimming 10:45pm - 2:00pm 4 LAP/2 OPEN | Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN |
| Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP | GUARD BREAK 7:00am - 7:15am | Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP | GUARD BREAK 7:00am - 7:15am | Lap/Open Swim 7:15am - 9:45am 4 LAP/2 OPEN | GUARD BREAK 2:00pm - 2:15pm | CLOSED 4:45pm |
| SCES Splash! 9:00am - Noon 6 LANES | Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN | SCES Splash! 9:00am - Noon 6 LANES | Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN | GUARD BREAK 9:45am - 10:00am | Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN | |
| GUARD BREAK 9:45am - 10:00am | SCES Splash! 9:00am - Noon 6 LANES | GUARD BREAK 9:45am - 10:00am | SCES Splash! 9:00am - Noon 6 LANES | Lap/Open Swim 10:00am - 2:00pm 4 LAP/2 OPEN | CLOSED 4:45pm | |
| Lap/Open Swim Noon - 2:00pm 5 LAP/1 OPEN | GUARD BREAK 9:45am - 10:00am | Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN | GUARD BREAK 9:45am - 10:00am | GUARD BREAK 2:00pm - 2:15pm | | |
| GUARD BREAK 2:00pm - 2:15pm | Lap/Open Swim Noon - 2:00pm 4 LAP/2 OPEN | GUARD BREAK 2:00pm - 2:15pm | Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN | Lap/Open Swim 2:15pm - 4:00pm 4 LAP/2 OPEN | | |
| Lap/Open Swim 2:15pm - 4:00pm 4 LAP/2 OPEN | GUARD BREAK 2:00pm - 2:15pm | Lap/Open Swim 2:15pm - 4:00pm 4 LAP/2 OPEN | GUARD BREAK 2:00pm - 2:15pm | NHHS Swim Team 4:00pm - 5:30pm 5 LANES/1 LAP | | |
| NHHS Swim Team 4:00pm - 5:30pm 5 LANES/1 LAP | Lap/Open Swim 2:15pm - 3:30pm 4 LAP/2 OPEN | NHHS Swim Team 4:00pm - 5:30pm 5 LANES/1 LAP | Lap/Open Swim 2:15pm - 3:30pm 4 LAP/2 OPEN | Capital Aquatics 5:30pm - 7:30pm 6 LANES | | |
| Capital Aquatics 5:30pm - 7:30pm 6 LANES | NHHS Swim Team 3:30pm - 5:00pm 5 LANES/1 LAP | Capital Aquatics 5:30pm - 7:30pm 6 LANES | NHHS Swim Team 3:30pm - 5:00pm 5 LANES/1 LAP | GUARD BREAKS 6:30pm - 7:00pm | | |
| GUARD BREAKS 6:30pm - 7:00pm | Capital Aquatics 5:00pm - 7:30pm 6 LANES | GUARD BREAKS 6:30pm - 7:00pm | Capital Aquatics 5:00pm - 7:30pm 6 LANES | LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | | |
| LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | GUARD BREAKS 6:30pm - 7:00pm | LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | GUARD BREAKS 6:30pm - 7:00pm | CLOSED 8:45pm | | |
| CLOSED 8:45pm | Lap/Open Swim 7:30pm - 8:45pm 5 LANES/1 OPEN | CLOSED 8:45pm | LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | | | |
| | CLOSED 8:45pm | | CLOSED 8:45pm | | | |

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text **"POOL"** to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Lap Pool

FEB 3 - FEB 9 2025

| MON 3 | TUE 4 | WED 5 | THU 6 | FRI 7 | SAT 8 | SUN 9 |
|--|---|--|---|---|---|---|
| Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 4:30am - 5:30am 6 LAP | Lap/Open Swim 4:30am - 7:00am 6 LAP | Lap/Open Swim 4:30am - 7:00am 6 LAP | Lap/Open Swim 7:00am - 10:30am 6 LAP/5 LAP after 9:00am | Lap/Open Swim 12:00pm - 2:00pm 6 LAP |
| CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | Deep Water Jog 4:30am - 5:15am 1 LANE | CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | Deep Water Jog 4:30am - 5:15am 1 LANE | GUARD BREAK 7:00am - 7:15am | LG Re-Cert/In-Service 9:00am - 2:00pm | GUARD BREAK 2:00pm - 2:15pm |
| GUARD BREAK 7:00am - 7:15am | CCHS Swim Team 5:30am - 7:00am 5 LANES/1 LAP | GUARD BREAK 7:00am - 7:15am | GUARD BREAK 7:00am - 7:15am | Lap/Open Swim 7:15am - 9:45am 4 LAP/2 OPEN | GUARD BREAK 10:30am - 10:45am | Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN |
| Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP | GUARD BREAK 7:00am - 7:15am | Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP | Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN | GUARD BREAK 9:45am - 10:00am | Lap Swimming 10:45pm - 2:00pm 5 LAP | CLOSED 4:45pm |
| MES Splash! 9:00am - Noon 6 LANES | Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN | MES Splash! 9:00am - Noon 6 LANES | MES Splash! 9:00am - Noon 6 LANES | Lap/Open Swim 10:00am - 2:00pm 4 LAP/2 OPEN | GUARD BREAK 2:00pm - 2:15pm | |
| GUARD BREAK 9:45am - 10:00am | MES Splash! 9:00am - Noon 6 LANES | GUARD BREAK 9:45am - 10:00am | GUARD BREAK 9:45am - 10:00am | GUARD BREAK 2:00pm - 2:15pm | Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN | |
| Lap/Open Swim Noon - 2:00pm 5 LAP/1 OPEN | GUARD BREAK 9:45am - 10:00am | Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN | Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN | Lap/Open Swim 2:15pm - 4:00pm 4 LAP/2 OPEN | CLOSED 4:45pm | |
| GUARD BREAK 2:00pm - 2:15pm | Lap/Open Swim Noon - 2:00pm 4 LAP/2 OPEN | GUARD BREAK 2:00pm - 2:15pm | GUARD BREAK 2:00pm - 2:15pm | NHHS Swim Team 4:00pm - 5:30pm 5 LANES/1 LAP | | |
| Lap/Open Swim 2:15pm - 4:00pm 4 LAP/2 OPEN | GUARD BREAK 2:00pm - 2:15pm | Lap/Open Swim 2:15pm - 4:00pm 4 LAP/2 OPEN | Lap/Open Swim 2:15pm - 3:30pm 4 LAP/2 OPEN | Capital Aquatics 5:30pm - 7:30pm 6 LANES | | |
| NHHS Swim Team 4:00pm - 5:30pm 5 LANES/1 LAP | Lap/Open Swim 2:15pm - 3:30pm 4 LAP/2 OPEN | NHHS Swim Team 4:00pm - 5:30pm 5 LANES/1 LAP | NHHS Swim Team 3:30pm - 5:00pm 5 LANES/1 LAP | GUARD BREAKS 6:30pm - 7:00pm | | |
| Capital Aquatics 5:30pm - 7:30pm 6 LANES | NHHS Swim Team 3:30pm - 5:00pm 5 LANES/1 LAP | Capital Aquatics 5:30pm - 7:30pm 6 LANES | Capital Aquatics 5:00pm - 7:30pm 5 LANES | LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | | |
| GUARD BREAKS 6:30pm - 7:00pm | Capital Aquatics 5:00pm - 7:30pm 5 LANES | GUARD BREAKS 6:30pm - 7:00pm | Swim Lessons 5:30pm - 7:45pm 1 LANE | CLOSED 8:45pm | | |
| LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | Swim Lessons 5:30pm - 7:45pm 1 LANE | LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | GUARD BREAKS 6:30pm - 7:00pm | | | |
| CLOSED 8:45pm | GUARD BREAKS 6:30pm - 7:00pm | CLOSED 8:45pm | LHS Swim Team 7:30pm - 8:45pm 3 LANES/3 LAP | | | |
| | Lap/Open Swim 7:30pm - 8:45pm 5 LANES/1 OPEN | | CLOSED 8:45pm | | | |
| | CLOSED 8:45pm | | | | | |

NOTICE ADDED EARLY SWIM TIME THURS FRI

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text **"POOL"** to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Schedules will be released on a weekly basis.

Revision Date 1/23/25

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.