

MON 16	TUE 17	WED 18	THU 19	FRI 20	SAT 21	SUN 22
Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Capital Aquatics 7:00am - 10:30am 5 LAP/2 OPEN	Lap/Open Swim 12:00pm - 2:00pm 4 LAP/2 OPEN
CCHS Swim Team 5:30am - 7:00am 5 LANES/ 1 LAP	CCHS Swim Team 5:30am - 7:00am 5 LANES/ 1 LAP	CCHS Swim Team 5:30am - 7:00am 5 LANES/ 1 LAP	CCHS Swim Team 5:30am - 7:00am 5 LANES/ 1 LAP	CCHS Swim Team 5:30am - 7:00am 5 LANES/ 1 LAP	GUARD BREAK 10:30am - 10:45am	GUARD BREAK 2:00pm - 2:15pm
GUARD BREAK 7:00am - 7:15am	GUARD BREAK 7:00am - 7:15am	GUARD BREAK 7:00am - 7:15am	GUARD BREAK 7:00am - 7:15am	GUARD BREAK 7:00am - 7:15am	Lap/Open Swim 10:45am - 2:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN
Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	<u>Lap/Open Swim</u> <u>7:15am - 9:00am</u> <u>4 LAP/2 OPEN</u>	Lap/Open Swim 7:15am - 9:45am 4 LAP/2 OPEN	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm
HETH SPLASH! 9:00am - 10:30am 6 LANES	HETH SPLASH! 9:00am - 10:30am 6 LANES	HETH SPLASH! 9:00am - 10:30am 6 LANES	HETH SPLASH! 9:00am - 10:30am 6 LANES	GUARD BREAK 9:45am - 10:00am	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN	
GUARD BREAK 9:45am - 10:00am	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 9:45am - 10:00am	GUARD BREAK 9:45am - 10:00am	Lap/Open Swim 10:00am - 2:00pm 4 LAP/1 OPEN	CLOSED 4:45pm	
Lap/Open Swim 10:30am - 2:00pm 4 LAP/1 OPEN	Lap/Open Swim 10:30am - 2:00pm 4 LAP/2 OPEN	Lap/Open Swim 10:30am - 2:00pm 4 LAP/1 OPEN	Lap/Open Swim 10:30 - 2:00pm 4 LAP/1 OPEN	GUARD BREAK 2:00pm - 2:15pm		
GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	GUARD BREAK 2:00pm - 2:15pm	Lap/Open Swim 2:15 pm - 4:00 pm 4 LAP/1 OPEN		
Lap/Open Swim 2:15 pm - 4:00 pm 4 LAP/2 OPEN	Lap/Open Swim 2:15 pm - 3:30pm 4 LAP/2 OPEN	Lap/Open Swim 2:15 pm - 4:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 3:30pm 4 LAP/2 OPEN	NH Swim Team 4:00 pm - 5:30pm 5 LANES/ 1 LAP		
NH Swim Team 4:00pm - 5:30pm 5 LANES/ 1 LAP	NH Swim Team 3:30pm - 5:00pm 5 LANES/ 1 LAP	NH Swim Team 4:00pm - 5:30pm 5 LANES/ 1 LAP	NH Swim Team 3:30pm - 5:00pm 5 LANES/ 1 LAP	Capital Aquatics 5:30pm - 7:30pm 5 LANES		
Capital Aquatics 5:30pm - 7:30pm 5 LANES	Capital Aquatics 5:00pm - 7:30pm 5 LANES	Capital Aquatics 5:30pm - 7:30pm 5 LANES	Capital Aquatics 5:00pm - 7:30pm 5 LANES	GUARD BREAKS 6:30pm - 7:00pm		
GUARD BREAKS 6:30pm - 7:00pm	GUARD BREAKS 6:30pm - 7:00pm	GUARD BREAKS 6:30pm - 7:00pm	GUARD BREAKS 6:30pm - 7:00pm	Lanesville Swim Team 7:30pm - 8:45pm 3 LANES/ 3 LAP		
Lanesville Swim Team 7:30pm - 8:45pm 3 LANES/ 3 LAP	CLOSED 8:45 pm	Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN	Lanesville Swim Team 7:30pm - 8:45pm 3 LANES/ 3 LAP	CLOSED 8:45 pm		
CLOSED 8:45 pm		CLOSED 8:45 pm	CLOSED 8:45 pm			

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text **"POOL"** to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

Lap Pool

DEC 23 - DEC 29 2024

MON 23	TUE 24	WED 25	THU 26	FRI 27	SAT 28	SUN 29
Lap/Open Swim 4:30am - 6:45am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS! MERRY CHRISTMAS!	CCHS Swim Team 7:00am - 8:30am 5 LANES/ 1 LAP	CCHS Swim Team 7:00am - 8:30am 5 LANES/ 1 LAP	Lap/ Open Swim 7:00am - 10:30am 5 LAP/2 OPEN	Lap/Open Swim 12:00pm - 2:00pm 4 LAP/2 OPEN
GUARD BREAK 6:45am - 7:00am	GUARD BREAK 7:00am - 7:15am		GUARD BREAK 8:30am - 8:45am	GUARD BREAK 8:30am - 8:45am	GUARD BREAK 10:30am - 10:45am	GUARD BREAK 2:00pm - 2:15pm
CCHS Swim Team 7:00am - 8:30am 5 LANES/ 1 LAP	Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN		Lap/Open Swim 8:45am - 10:30am 4 LAP/2 OPEN	Lap/Open Swim 8:45am - 10:30am 4 LAP/2 OPEN	Lap/Open Swim 10:45am - 2:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN
Lap/Open Swim 8:30am - 9:00am 4 LAP/2 OPEN	GUARD BREAK 9:45am - 10:00am		NH Swim Team 10:30am - 11:00am 5 LANES/ 1 LAP	NH Swim Team 10:30am - 11:00am 5 LANES/ 1 LAP	GUARD BREAK 2:00pm - 2:15pm	CLOSED 4:45pm
Fun & Fit (Faith) 9:00am - 9:45am 4 LANES / 2 LAP	Lap/Open Swim 10:00am - 11:45am 4 LAP/2 OPEN		Lap/Open Swim 11:00am - 12:30pm 4 LAP/2 OPEN	Lap/Open Swim 11:00am - 12:30pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN	
GUARD BREAK 9:45am - 10:00am	CLOSED 11:45am		GUARD BREAK 12:30pm - 12:45pm	GUARD BREAK 12:30pm - 12:45pm	CLOSED 4:45pm	
Total Body (Faith) 10:00am - 10:45am 4 LANES / 2 LAP			Lanesville Swim Team 1:00pm - 2:30pm 3 LANES/ 3 LAP	Lanesville Swim Team 1:00pm - 2:30pm 3 LANES/ 3 LAP		
NH Swim Team 11:00am - 12:30pm 5 LANES/ 1 LAP			GUARD BREAK 2:30pm - 2:45pm	GUARD BREAK 2:30pm - 2:45pm		
TEAM TRANSITION 12:30pm-1:00pm			Lap/Open Swim 2:45 pm - 5:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:45 pm - 5:00pm 4 LAP/2 OPEN		
Lanesville Swim Team 1:00pm - 2:30pm 3 LANES/ 3 LAP			Capital Aquatics 5:00pm - 7:00pm 5 LANES	Capital Aquatics 5:00pm - 7:00pm 5 LANES		
GUARD BREAK 2:30pm - 2:45pm			CLOSED 7:00pm	CLOSED 7:00pm		
Lap/Open Swim 2:45 pm - 5:30pm 4 LAP/2 OPEN						
Capital Aquatics 5:30pm - 7:30pm 5 LANES						
GUARD BREAKS 6:30pm - 7:00pm						
Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN						
CLOSED 8:45 pm						

Lanes sometimes open for Lap swim during the Swim Team practices. Call for availability!

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Check our Facebook page for the latest Pool Schedule

Schedules will be released on a weekly basis.

Revision Date 12/20/2024

YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.