

# Lap Pool

OCT 6 - OCT 13 2024

MON 7	TUE 8	WED 9	THU 10	FRI 11	SAT 12	SUN 13
Lap/Open Swim 4:30am - 6:15am 4 LAP/2 OPEN	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 6:15am 4 LAP/2 OPEN	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 6:15am 4 LAP/2 OPEN	<b>Capital Aquatics</b> 7:00am - 10:30am 6 LANES	Lap/Open Swim 12:00pm - 2:00pm 4 LAP/2 OPEN
<b>GUARD BREAK</b> 6:15am - 6:30am	Lap Swimming 4:30am - 6:15am 4 LANES	<b>GUARD BREAK</b> 6:15am - 6:30am	Lap Swimming 4:30am - 6:15am 4 LANES	<b>GUARD BREAK</b> 6:15am - 6:30am	<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 2:00pm - 2:15pm
Lap/Open Swim 6:30am - 9:45am 4 LAP/2 OPEN	<b>GUARD BREAK</b> 6:15am - 6:30am	Lap/Open Swim 6:30am - 9:00am 4 LAP/2 OPEN	<b>GUARD BREAK</b> 6:15am - 6:30am	Lap/Open Swim 6:30am - 9:45am 4 LAP/2 OPEN	Lap Swimming 10:45am - 2:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN
<b>GUARD BREAK</b> 9:45am - 10:00am	Lap/Open Swim 6:30am - 9:45am 4 LAP/2 OPEN	<b>Fun &amp; Fit (Faith)</b> 9:00am - 9:45 4 LANES / 2 LAP	Lap/Open Swim 6:30am - 9:00am 4 LAP/2 OPEN	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>CLOSED</b> 4:45pm
Lap/Open Swim 10:00pm - 1:45pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>Fun &amp; Fit (Faith)</b> 9:00am - 9:45 4 LANES / 2 LAP	Lap/Open Swim 10:00am - 1:45pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN	
<b>GUARD BREAK</b> 1:45pm - 2:00pm	Lap/Open Swim 10:00pm - 1:45pm 4 LAP/2 OPEN	<b>Total Body (Faith)</b> 10:00am - 10:45 4 LANES / 2 LAP	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 1:45pm - 2:00pm	<b>CLOSED</b> 4:45pm	
Lap/Open Swim 2:00 pm - 5:15pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 1:45pm - 2:00pm	Lap/Open Swim 10:45am - 1:45pm 4 LAP/2 OPEN	<b>Total Body (Faith)</b> 10:00am - 10:45am 4 LANES / 2 LAP	Lap/Open Swim 2:00 pm - 5:15pm 4 LAP/2 OPEN		
<b>GUARD BREAK</b> 5:15pm - 5:30pm	Lap/Open Swim 2:00pm - 4:45pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 1:45pm - 2:00pm	Lap/Open Swim 10:45am - 1:45pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 5:15pm - 5:30pm		
<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES	<b>GUARD BREAK</b> 4:45pm - 5:00pm	Lap/Open Swim 2:00 pm - 4:00pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 1:45pm - 2:00pm	<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES		
Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN	<b>Capital Aquatics</b> 5:00pm - 7:30pm 5 LANES	<b>N. Harr. X Country</b> 4:00pm - 5:00pm 3 LANES	Lap Swim 2:00pm - 4:45pm 4 LAP/2 OPEN	Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN		
<b>CLOSED</b> 8:45 pm	<b>Swim Lesson</b> 6:15pm - 8:30pm 1 LANE	Lap Swim 4:00 pm - 5:15pm 3 LAP	<b>GUARD BREAK</b> 4:45pm - 5:00pm	<b>CLOSED</b> 8:45 pm		
	<b>CLOSED</b> 8:45 pm	<b>GUARD BREAK</b> 5:15pm - 5:30pm	<b>Capital Aquatics</b> 5:00pm - 7:30pm 5 LANES			
		<b>Capital Aquatics</b> 5:30pm - 7:30pm 6 LANES	<b>Swim Lesson</b> 6:15 - 8:30pm 1 LANE			
		Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN	<b>CLOSED</b> 8:45 pm			
		<b>CLOSED</b> 8:45 pm				

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our [Facebook](#) page for the latest Pool Schedule

# Lap Pool

OCT 14 - OCT 20 2024

MON 14	TUE 15	WED 16	THU 17	FRI 18	SAT 19	SUN 13
Lap/Open Swim 4:30am - 6:15am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 6:15am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 6:15am 4 LAP/2 OPEN	Capital Aquatics 7:00am - 10:30am 6 LANES	Lap/Open Swim 12:00pm - 2:00pm 4 LAP/2 OPEN
<b>GUARD BREAK</b> 6:15am - 6:30am	Lap Swimming 4:30am - 6:15am 4 LANES	<b>GUARD BREAK</b> 6:15am - 6:30am	Lap Swimming 4:30am - 6:15am 4 LANES	<b>GUARD BREAK</b> 6:15am - 6:30am	<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 2:00pm - 2:15pm
Lap/Open Swim 6:30am - 7:30am 4 LAP/2 OPEN	<b>GUARD BREAK</b> 6:15am - 6:30am	Lap/Open Swim 6:30am - 7:30am 4 LAP/2 OPEN	<b>GUARD BREAK</b> 6:15am - 6:30am	Lap/Open Swim 6:30am - 9:45am 4 LAP/2 OPEN	Lap Swimming 10:45am - 2:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN
Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 6:30am - 9:00am 4 LAP/2 OPEN	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 6:30am - 7:30am 4 LAP/2 OPEN	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>CLOSED</b> 4:45pm
<b>SPLASH!</b> 9:00am - Noon 6 LANES	<b>SPLASH!</b> 9:00am - Noon 6 LANES	<b>SPLASH!</b> 9:00am - Noon 6 LANES	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 10:00am - 1:45pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN	
<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>SPLASH!</b> 9:00am - Noon 6 LANES	<b>GUARD BREAK</b> 1:45pm - 2:00pm	<b>CLOSED</b> 4:45pm	
Lap/Open Swim Noon - 1:45pm 4 LAP/2 OPEN	Lap/Open Swim Noon - 1:45pm 4 LAP/2 OPEN	Lap/Open Swim Noon - 1:45pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 9:45am - 10:00am	Lap/Open Swim 2:00pm - 5:15pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 5:15pm - 5:30pm	
<b>GUARD BREAK</b> 1:45pm - 2:00pm	<b>GUARD BREAK</b> 1:45pm - 2:00pm	<b>GUARD BREAK</b> 1:45pm - 2:00pm	<b>SPLASH!</b> 9:00am - Noon 6 LANES	<b>GUARD BREAK</b> 9:45am - 10:00am	Capital Aquatics 5:30pm - 7:30pm 6 LANES	
Lap/Open Swim 2:00pm - 5:15pm 4 LAP/2 OPEN	Lap/Open Swim 2:00pm - 4:45pm 4 LAP/2 OPEN	Lap/Open Swim 2:00pm - 4:00pm 4 LAP/2 OPEN	Lap/Open Swim Noon - 1:45pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 1:45pm - 2:00pm	Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN	
<b>GUARD BREAK</b> 5:15pm - 5:30pm	<b>GUARD BREAK</b> 4:40pm - 4:55pm	N. Harr. X Country 4:00pm - 5:00pm 3 LANES	Lap/Open Swim Noon - 1:45pm 4 LAP/2 OPEN	Lap Swim 2:00pm - 4:45pm 4 LAP/2 OPEN	<b>CLOSED</b> 8:45 pm	
Capital Aquatics 5:30pm - 7:30pm 6 LANES	Capital Aquatics 5:00pm - 7:30pm 5 LANES	Lap Swim 4:00pm - 5:15pm 3 LAP	Lap/Open Swim 2:00pm - 4:45pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 4:40pm - 4:55pm		
Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN	Swim Lesson 6:15pm - 8:30pm 1 LANE	<b>GUARD BREAK</b> 5:15pm - 5:30pm	Lap Swim 2:00pm - 4:45pm 4 LAP/2 OPEN	Capital Aquatics 5:00pm - 7:30pm 5 LANES		
<b>CLOSED</b> 8:45 pm	<b>CLOSED</b> 8:45 pm	Capital Aquatics 5:30pm - 7:30pm 6 LANES	Lap Swim 2:00pm - 4:45pm 4 LAP/2 OPEN	Swim Lesson 6:15 - 8:30pm 1 LANE		
		Lap/Open Swim 7:30pm - 8:45pm 4 LAP/2 OPEN	<b>CLOSED</b> 8:45 pm			
		<b>CLOSED</b> 8:45 pm				

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text "POOL" to (812) 734-0770 for *up-to-the-minute* schedule updates

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**Schedules will be released on a weekly basis.**

*Revision Date 10/10/2024*

## YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- \*Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.