

# Lap Pool

OCT 28 - NOV 3 2024

MON 28	TUE 29	WED 30	THU 31	FRI 1	SAT 2	SUN 3
Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Lap/Open Swim 7:00am - 10:30am 4 LAP/2 OPEN	Lap/Open Swim 12:00pm - 2:00pm 4 LAP/2 OPEN
CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 2:00pm - 2:15pm
<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	Lap Swimming 10:45am - 12:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN
Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN	Lap/Open Swim 7:15am - 9:45am 4 LAP/2 OPEN	<b>LIFEGUARD RECERTIFICATION POOL CLOSED</b> Noon - 2:00pm	<b>CLOSED</b> 4:45pm
NHES SPLASH! 9:00am - Noon 6 LANES	NHES SPLASH! 9:00am - Noon 6 LANES	NHES SPLASH! 9:00am - Noon 6 LANES	NHES SPLASH! 9:00am - Noon 6 LANES	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 2:00pm - 2:15pm	
<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	Lap/Open Swim 10:00am - 12:00pm 4 LAP/1 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN	
Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN	Lap/Open Swim Noon - 2:00pm 4 LAP/2 OPEN	Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN	<b>POOL CLOSED</b> Noon - 1:00pm	<b>POOL CLOSED</b> Noon - 1:00pm	<b>CLOSED</b> 4:45pm	
<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm	Lap Swim 1:00pm - 3:30pm 4 LAP/2 OPEN	Lap/Open Swim 1:00pm - 2:00pm 4 LAP/1 OPEN		
Lap/Open Swim 2:15 pm - 4:00 pm 4 LAP/1 OPEN	Lap/Open Swim 2:00 pm - 3:30pm 4 LAP/1 OPEN	Lap/Open Swim 2:15 pm - 4:00 pm 4 LAP/1 OPEN	NH Swim Team 3:30pm - 5:00pm 6 LANES	<b>GUARD BREAK</b> 2:00pm - 2:15pm		
NH Swim Team 4:00 pm - 5:30 pm 6 LANES	NH Swim Team 3:30pm - 5:00pm 6 LANES	NH Swim Team 4:00 pm - 5:30 pm 6 LANES	<b>GUARD BREAK</b> 5:00pm - 5:15pm	Lap/Open Swim 2:15 pm - 4:00 pm 4 LAP/1 OPEN		
<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	Capital Aquatics 5:00pm - 7:30pm 5 LANES	NH Swim Team 4:00 pm - 5:30 pm 6 LANES		
Capital Aquatics 5:30pm - 7:30pm 6 LANES	Capital Aquatics 5:00pm - 7:30pm 5 LANES	Capital Aquatics 5:30pm - 7:30pm 6 LANES	Swim Lesson 5:30pm - 8:30pm 1 LANE	<b>GUARD BREAK</b> 5:00pm - 5:15pm		
Lanesville Swim Team 7:30pm - 8:45pm 6 LANES	Swim Lesson 5:30pm - 8:30pm 1 LANE	Lanesville Swim Team 7:30pm - 8:45pm 6 LANES	Lanesville Swim Team 7:30pm - 8:45pm 6 LANES	Capital Aquatics 5:30pm - 7:30pm 6 LANES		
<b>CLOSED</b> 8:45 pm	Lanesville Swim Team 7:30pm - 8:45pm 6 LANES	<b>CLOSED</b> 8:45 pm	<b>CLOSED</b> 8:45 pm	Lanesville Swim Team 7:30pm - 8:45pm 6 LANES		
	<b>CLOSED</b> 8:45 pm			<b>CLOSED</b> 8:45 pm		

Lanes sometimes open for **Lap swim** during the Swim Team practices. Call for availability!

Text **"POOL"** to (812) 734-0770 for *up-to-the-minute* schedule updates

Check our **Facebook** page for the latest Pool Schedule

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OCT 28 - NOV 3 2024

MON 28	TUE 29	WED 30	THU 31	FRI 1	SAT 2	SUN 3
Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Deep Water Jog 4:30am - 5:15am 2 LANES	Lap/Open Swim 4:30am - 5:30am 4 LAP/2 OPEN	Lap/Open Swim 7:00am - 10:30am 4 LAP/2 OPEN	Lap/Open Swim 12:00pm - 2:00pm 4 LAP/2 OPEN
CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	CCHS Swim Team 5:30am - 7:00am 6 LANES	<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 2:00pm - 2:15pm
<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	<b>GUARD BREAK</b> 7:00am - 7:15am	Lap Swimming 10:45am - 12:00pm 4 LAP/2 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN
Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN	Fun & Fit (Faith) 7:30am - 9:00am 4 LANES / 2 LAP	Lap/Open Swim 7:15am - 9:00am 4 LAP/2 OPEN	Lap/Open Swim 7:15am - 9:45am 4 LAP/2 OPEN	<b>LIFEGUARD RECERTIFICATION POOL CLOSED</b> Noon - 2:00pm	<b>CLOSED</b> 4:45pm
NHES SPLASH! 9:00am - Noon 6 LANES	NHES SPLASH! 9:00am - Noon 6 LANES	NHES SPLASH! 9:00am - Noon 6 LANES	NHES SPLASH! 9:00am - Noon 6 LANES	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 2:00pm - 2:15pm	
<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	Lap/Open Swim 10:00am - 12:00pm 4 LAP/1 OPEN	Lap/Open Swim 2:15pm - 4:45pm 4 LAP/2 OPEN	
Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN	Lap/Open Swim Noon - 2:00pm 4 LAP/2 OPEN	Lap/Open Swim Noon - 2:00pm 4 LAP/1 OPEN	<b>POOL CLOSED</b> Noon - 1:00pm	<b>POOL CLOSED</b> Noon - 1:00pm	<b>CLOSED</b> 4:45pm	
<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm	Lap Swim 1:00pm - 3:30pm 4 LAP/2 OPEN	Lap/Open Swim 1:00pm - 2:00pm 4 LAP/1 OPEN		
Lap/Open Swim 2:15 pm - 4:00 pm 4 LAP/1 OPEN	Lap/Open Swim 2:00 pm - 3:30pm 4 LAP/1 OPEN	Lap/Open Swim 2:15 pm - 4:00 pm 4 LAP/1 OPEN	NH Swim Team 3:30pm - 5:00pm 6 LANES	<b>GUARD BREAK</b> 2:00pm - 2:15pm		
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<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	<b>GUARD BREAK</b> 5:00pm - 5:15pm	Capital Aquatics 5:00pm - 7:30pm 5 LANES	NH Swim Team 4:00 pm - 5:30 pm 6 LANES		
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<b>CLOSED</b> 8:45 pm	Lanesville Swim Team 7:30pm - 8:45pm 6 LANES	<b>CLOSED</b> 8:45 pm	<b>CLOSED</b> 8:45 pm	Lanesville Swim Team 7:30pm - 8:45pm 6 LANES		
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**Schedules will be released on a weekly basis.**

*Revision Date 10/24/2024*

## YMCA OF HARRISON COUNTY POOL GUIDELINES

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- All pool schedules are subject to change.
- **Lanes are sometimes open for Lap swimming during the Swim Team practices. Call for availability.**
- Swim lessons are dependent upon enrollment and may be cancelled. Must register and pay for class in advance.
- Guard Breaks are listed on schedule.
- In accordance with the Aquatic Safety guidelines, the pool will be closed for severe thunderstorm warnings and tornado warnings. Tornado watches will stay closed until after the warning/watch is no longer in place.