



## **The YMCA Futsal Rules of the Game**

YMCA Futsal recreation league plays an abbreviated version of standard futsal game rules to make them more suitable and relevant to this league format. The YMCA has tried as far as possible to maintain Futsal's ethics and integrity within those rules of the game, but due to the form and construction of the YMCA Futsal recreation leagues it is impossible to play these leagues online with all the Futsal Laws of the game. These adapted game rules are only applicable in the YMCA Futsal recreation leagues, and it is important for teams and players to observe that in other Futsal competitions they are expected to fully perform THE FIFA Futsal Laws of the game. To view all Futsal rules and regulations, please visit the [www.yimaharrison.org](http://www.yimaharrison.org).

### **General rules**

1. These are rules of play adapted to the specific law Futsal minor leagues. Any situation that is not covered by these rules will automatically be assumed to abide by FIFA Futsal game rules or, where applicable, the YMCA Rules and Regulations.
2. All players, including goalkeepers, must wear shin guards at all times, when on the pitch.
3. A player should not use the equipment or use anything that is dangerous to himself or another player, including any jewelry.
4. Players must wear regular flat soled shoes.
5. If a team does not show up on time, it is up to the sports staff's discretion to allow an additional 5 minutes of warm up time. If the team still does not have enough players, that team will forfeit.

### **Players and substitutions**

6. All players must be enrolled in a specific team with the YMCA Coordinator before being allowed to play with the team. If a player is not enrolled, THEY WILL NOT BE ABLE TO PARTICIPATE.
7. Each team must accurately fill out a team list before each match
8. A team can consist of a maximum of 10 players for each game
9. Substitutions can be made at any time during the game, and the number of substitutions is unlimited. A player who has been replaced can return to the pitch as a substitute for another player.
10. The substituted player must leave the field through the substitution, which is the area in front of their team. The substitute can only enter the field once the player has been replaced has left, so they must enter the field through substitution.
11. A match cannot be started if a team has fewer than 3 players, and a match will be abandoned if a team has fewer than three players on the field.
12. Matches will be divided between two equal periods of 20 minutes.
13. Games are played on a running clock, which means that the clock does not stop when the ball goes out of bounds or during an infraction.
14. Half Time is 5 minutes, there will be no timeouts.

### **Technical standards**

15. After a ball has come out of play the ball is kicked in play again from the sideline.
16. For kick-ins & free kicks players have 4 seconds to reinitiate play. The ball must come to a complete stop before all kicks.
17. Kick Ins are indirect and not allowed to be kicked directly into the goal. If a kick in goes into the other teams goal, it results in a change of possession.
18. Free kicks are indirect
19. When a player is fouled, free kicks are taken and are indirect.
20. From corners, kick-ins and free kicks, opponents should keep a distance of at least 5 meters from the ball.
21. Goalkeepers are allowed to leave the penalty area and players are allowed to enter the penalty area.
22. The Goalkeeper is not allowed to score using his hands (a punch, or throw)
23. If the ball hits any part of the ceiling a free kick is awarded to the opposing team.
24. There is no offside in Futsal.
25. If an intentional backpass to the keeper is picked up, it will result in an indirect free kick at the top of the box.
26. The goal keeper may not throw a pass directly into the other teams box, it must first touch a player, or hit the floor outside of the box.

### **Penalty Kicks**

27. Penalty kicks will be taken from the top of the key right outside the box
28. A play will result in a penalty only when:
  - 1) There is a handball inside the box or
  - 2) A foul is deemed inside the box.

### **Officiating**

29. There will be one time and score keeper.
30. Players and captains will be in charge of keeping fouls.
31. If there is a dispute relating to calls, the dispute should be settled with a coin flip.

### **End of Season Tournament**

32. There will be a season ending tournament that is single elimination.
33. Seeding for the tournament will be determined by win-loss record in the regular season.
34. If win-loss record is the same, seeding will be determined by head to head matchup record.
35. If head to head matchup records are the same, seeding will be determined by goal differential.