

## SOME OF OUR CLASSES AND PROGRAMS OFFERED THROUGHOUT THE YEAR

### YOUTH DEVELOPMENT

After School Care  
Day Camp  
Kids' Zone  
Marlins Swim Team  
SPLASH  
Soccer  
Swim Lessons  
Taekwondo  
YouthFit Certification

### HEALTHY LIVING

AquaJoints  
BodyPump™  
Community Garden  
Deep Water Aqua Jogging  
Deep Water Exercise  
Group Cycling  
Masters Swim Team  
Personal Training  
Prayer Ministry  
Red Cross CPR, AED and First Aid Training  
R.I.P.P.E.D.

Stretching, Flexibility and Relaxation  
Taekwondo  
Water Abs Class  
Water Aerobics  
Water Wakeup  
Wellness Center Orientation  
Wellness For Life Coaching  
Women on Weights (WOW!)  
Yoga  
Zumba®  
Zumba® Gold  
Zumba® Toning



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

### GIVE OR VOLUNTEER TODAY

Just \$5 a month added to your membership draft as a donation gives a youth skills to be safe in a pool, lake, river or ocean. Y volunteers are always needed for programs, special events and general facility needs. Contact the Y or see our Member Service Desk for more information.

### ANNUAL CAMPAIGN

We have an extraordinary opportunity to ensure a brighter future for our community, but we must take action today, and only your support will make it possible. When you give to the Y, your gift will help young people achieve their potential, empower people of all ages to lead healthier lives, and strengthen the bonds of our community. Together, we'll take on many of the greatest challenges facing our young people, our health and our community. To find out how you can support our cause, contact Roger Corley, CEO, at rcorley@ymcaharrison.org or 812.734.0770.

### ENDOWMENT

The YMCA of Harrison County holds an endowment at the Harrison County Community Foundation. Making a donation to this fund helps to sustain the Y, maintaining strong programming for now and into the future. If you would like to make a contribution to our endowment, please make checks payable to Harrison County Community Foundation and include YMCA on the memo line. Checks may be mailed to the Harrison County Community Foundation, P.O. Box 279, Corydon, IN 47112.

### LEAVE A LEGACY

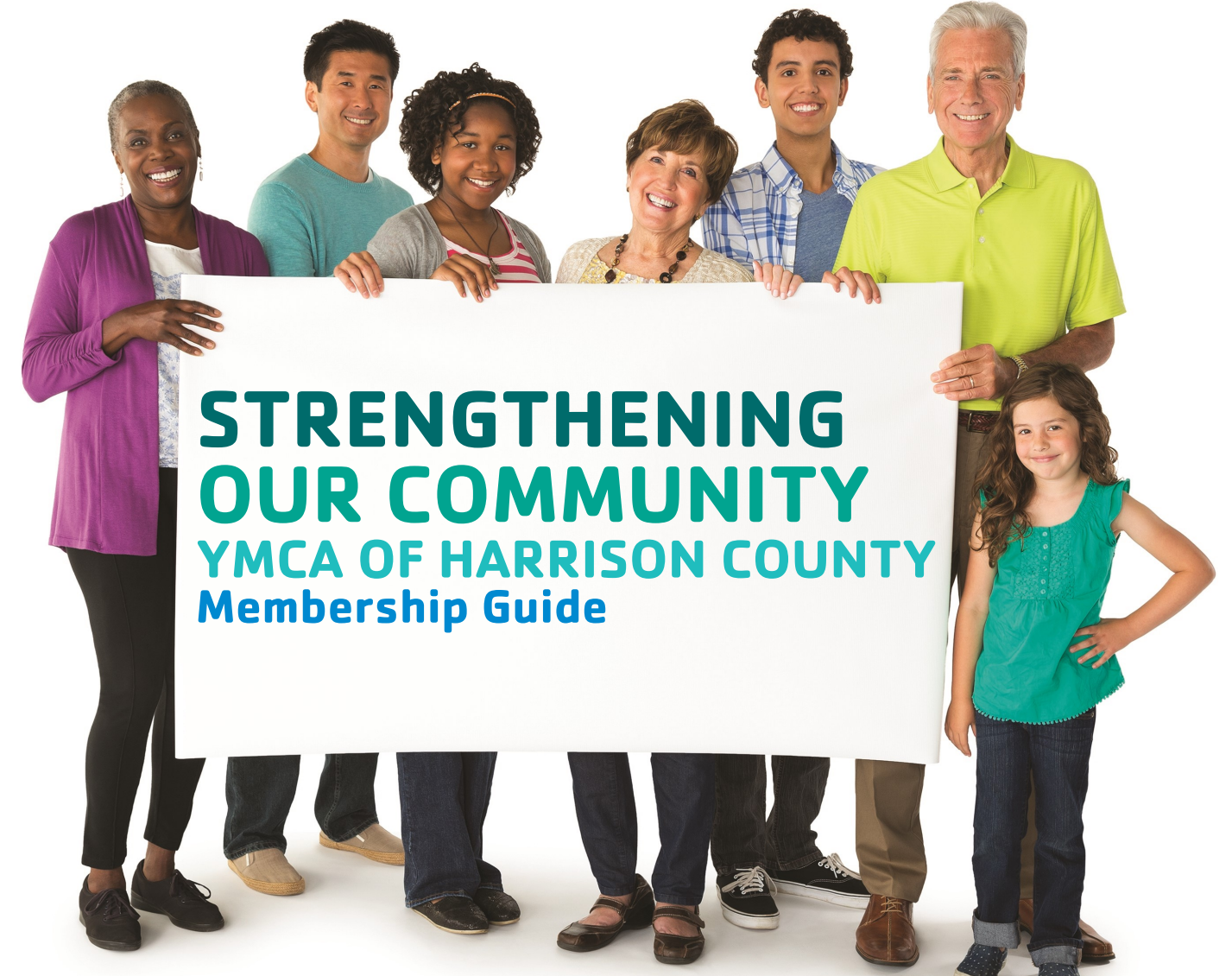
In a world in which so much comes and goes so quickly, the Y lasts. We are stable, values-driven, and capable of meeting the changing needs of our community. Visionaries created the Y as a gift for our community, and we have a duty to steward the Y for future generations. Many friends of the Y are helping us extend our influence beyond their own lifetimes with gifts of a part of the assets they have accumulated to the Y's designated endowment. There are significant tax benefits that encourage philanthropic giving, because the federal government recognizes the important role the Y plays in meeting communities' changing needs. Ways you can leave a legacy:

- Make a lifetime gift
- Make a planned gift to the YMCA. Those gifts can include:
  - Cash
  - Marketable securities
  - Tangible personal property
  - Life insurance policy
  - Retirement accounts

We recommend that you seek specific tax advice with your lawyer or financial adviser.

### CHRISTIAN EMPHASIS

Our Y is focused on living out our Christian mission. We want to genuinely serve and care for our members, volunteers and staff. Our Chaplains seek to make Christ and His values present throughout the Y by listening to people, providing spiritual guidance, praying for people, and leading in various ways throughout the community. To speak to our Chaplains, please email chaplain@ymcaharrison.org or leave your name and number at our Service Desk and a Chaplain will get in touch with you. Prayer requests are welcomed. Please place your prayer requests in the prayer boxes in the lobby and locker rooms of the Y. Our Christian Emphasis team meets weekly to confidentially pray for your requests, our community, and our Y family.



### MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

### VALUES

Our core values unite us as a movement with a common cause. They are shared beliefs and essential principles that guide our behavior, interactions with each other and decision making.

**CARING** - Show a sincere concern for others

**HONESTY** - Be truthful in what you say and do

**RESPECT** - Follow the golden rule

**RESPONSIBILITY** - Be accountable for your promises and actions

Amigos y amigas de la comunidad hispana. Nosotros tenemos aplicaciones de membresía y ayuda financiera en español si es necesario. Todos están bienvenidos en la YMCA

### YMCA OF HARRISON COUNTY

198 Jenkins Ct. NE, Corydon, IN 47112  
P: 812.734.0770 F: 812.738.0721  
www.ymcaharrison.org  
contactus@ymcaharrison.org



## YOU BELONG AT THE Y

With the Y, you're not just a member of the facility; you're part of a cause. With a shared commitment to nurturing the potential of youth, improving health and well-being and giving back and supporting our neighbors, your membership gives you and your community the opportunity to learn, grow and thrive.

## OUR PROMISE

The Y is a powerful association of men, women and children of all ages and from all walks of life joined together by a shared passion: to strengthen the foundations of community.

## BENEFITS OF A MEMBERSHIP

YMCA of Harrison County membership allows unlimited use of our facility:

- Gymnasium
- Overhead Walking/Jogging Track
- Locker Rooms
- Indoor Warm Water Therapy Pool
- 25-Yard, 6-Lane Heated Indoor Lap Pool
- 3 Multipurpose Rooms
- Wellness Center
- Kids' Zone
- Aquatics and Group Exercise Classes
- Use of most YMCAs in the Nation (must use home YMCA at least 50% of the time)
- Member pricing on programs (applies to full facility members who are currently active on a membership).

## MEMBERSHIP RATES

Membership	Joining Fee	Monthly Rate
*Household (2 adults plus all IRS claimed dependents)	\$60	\$59
One Adult Plus (1 adult plus all IRS claimed dependents)	\$60	\$44
*Two Adults (2 adults, living in same household)	\$60	\$49
Adult (1 individual, 23 or older)	\$30	\$38
Senior (1 individual, 62 or older)	\$30	\$31
Youth (1 individual, ages 12 - 22)	\$30	\$24
*Plus One (an additional individual 23 or older may be added to a Household or Two Adult membership)		\$15

\*Financial assistance does not apply to Plus One fee

**NOTE: All individuals must live at same address, including a Plus One. Proof of residency may be required and requested.**

## FINANCIAL ASSISTANCE

Financial assistance is available, with support from generous donors, for a variety of programs and memberships at the YMCA of Harrison County. It is our pledge, within the available resources of the Y, to provide services to individuals regardless of ability to pay. Those unable to pay the full fee may apply to receive sliding-scale assistance through the Open Doors program. Assistance is granted based on personal need, enrollment limitation and our Y's financial resources. Applications are available at the Member Service Desk and at [www.ymcaharrison.org](http://www.ymcaharrison.org). All information is confidential.

Financial Assistance does NOT apply to Plus One Membership Fee, Personal Training, Birthday Parties, Private/Semi-Private Swim Lessons, Locker Rentals, the sale of Merchandise, Lazy Bones Triathlon/Tri at the Y, Tai Chi, Fundraising/Special Events and additional programs as noted.

## MEMBER FOR THE DAY PASSES

Age	Daily Fee (first visit each year is free)
4 - 17	\$5, ages 12 and under to be accompanied by someone 16 or older
18 and older	\$10

Everyone may have one free visit per year. Program participants may purchase Member for the Day passes, after their one free visit to use the facility. Please bring a valid form of identification.

### FACILITY HOURS

Monday - Friday	5 a.m. - 9 p.m.
Saturday	7 a.m. - 5 p.m.
Sunday	noon - 5 p.m.

### HOLIDAY HOURS

The Y is CLOSED on the following holidays:	The Y is open limited hours on the following holidays:
Easter	Good Friday
Memorial Day	Christmas Eve
Independence Day	New Year's Eve
Labor Day	New Year's Day
Thanksgiving Day	
Christmas	

### ANNUAL FACILITY SHUT DOWN WEEK

Additionally, the Y closes for 5 - 7 days in August to complete painting, deep cleaning, re-finish the floors and other maintenance needs.

The 2018 Facility Shut Down Week will take place August 13 - August 17. More specific details will come later.



**Roger Corley**  
CEO

[rcorley@ymcaharrison.org](mailto:rcorley@ymcaharrison.org)

## COLLEGE

College students attending a college that is located more than 50 miles away from the YMCA of Harrison County, who are home for extended breaks, may purchase a 30-day pass for \$35. Current college identification is required. Please see the Member Service Desk for more information.

## MILITARY

As part of the Armed Services YMCA (ASYmca) and Department of Defense (DoD) Outreach Initiative, the YMCA of Harrison County provides Military families, with a member of a household deployed, and qualifying Active-Duty personnel with access to programs and memberships. Fees are underwritten by the DoD and administered through Military OneService, an information and referral service for Military families. Please see the Member Service Desk for more information.

Non-qualifying Active-Duty Military personnel on short-term leave, are given free passes for up to 30 days. Participants must provide a current Military ID. Admittance of family members of Military personnel are not included with this free pass. Please see the Member Service Desk for more information.

## SILVER SNEAKERS/SILVER AND FIT

Silver Sneakers and Silver and Fit accepted! Please note, utilizing these programs does not equal a YMCA of Harrison County membership. Silver and Fit has an annual \$25 fee. Please see the Member Service Desk for more information.

To receive Text Alerts from the Y regarding changes to the facility hours, text **YHCFACILITIES** to **84483**.

To opt-out: text **STOP** to 84483. For more information: text **HELP** to 84483. Expect approximately 4 messages per month. Message and Data Rates May Apply. See additional program guides for specific text alert groups.

## MEMBERSHIP HOLDS

A membership can be placed on hold at any time. The monthly hold fee is \$10, to be paid up front. At the end of the hold, regular monthly billing will resume. Your hold request must be placed in writing.

## FACILITY AGE REQUIREMENTS AND POLICIES

<b>Facility</b>	<ul style="list-style-type: none"> <li>• Under 12, accompanied by someone 16 or older to use the facility.</li> <li>• See rooms (below) for specific age requirements.</li> </ul>
<b>Wellness Center</b>	<ul style="list-style-type: none"> <li>• 12 and older, Cardio and Cybex areas only after obtaining a YouthFit Certification.</li> <li>• 12 - 15, need to obtain YouthFit Certification and be accompanied by someone 16 or older to use free-weight area.</li> <li>• Under 12, accompanied by someone 16 or older and written doctor's note, Cardio and Cybex areas only.</li> </ul>
<b>Group and Aquatics Exercise Classes</b>	<ul style="list-style-type: none"> <li>• 12 and older, unless otherwise noted.</li> </ul>
<b>Gym</b>	<ul style="list-style-type: none"> <li>• Under 8, accompanied by someone 16 or older or with an organized Y program.</li> </ul>
<b>Walking/Jogging Track</b>	<ul style="list-style-type: none"> <li>• Under 8, accompanied by someone 16 or older or with an organized Y program.</li> <li>• Strollers permitted at any time.</li> <li>• Please be courteous to others and use caution.</li> <li>• 12 laps equals one mile.</li> </ul>
<b>Pools</b>	<ul style="list-style-type: none"> <li>• 8 - 11, accompanied by someone 16 or older in the facility.</li> <li>• Under 8 accompanied by someone 16 or older, either in the pool with them or on the pool deck.</li> <li>• 12 and under will need to complete a swim test as identified by the attending guard. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 or older in the shallow end of the pool.</li> </ul>
<b>Locker Rooms</b>	<ul style="list-style-type: none"> <li>• Over 2, should use proper gender locker room or family/special needs locker room.</li> <li>• Cell phone, camera and video camera usage is prohibited in locker rooms and restrooms.</li> <li>• Use of lockers with locks is strongly encouraged. The YMCA of Harrison County is not responsible for lost or stolen items. Locks should be removed daily, unless renting a locker, or will be removed. See Member Service Desk for locker rental information.</li> </ul>