

# Lap Pool

April/May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
APRIL 29	APRIL 30	MAY 1	MAY 2	MAY 3	MAY 4	MAY 5
<b>Lap Swimming</b> 4:30am - 6:30am 6 LANES	<b>Lap Swimming</b> 4:30am - 6:30am 4 LAP / 2 OPEN	<b>Lap Swimming</b> 4:30am - 6:30am 6 LANES	<b>Lap Swimming</b> 4:30am - 6:30am 6 LANES	<b>Lap Swimming</b> 4:30am - 6:30am 4 LAP / 2 OPEN	<b>Lap Swimming</b> 7:00am - 9:45am 4 LAP/2 OPEN	<b>Lap/Open Swim</b> 12:00am- 2:00pm 4 LAP/2 OPEN
<b>GUARD BREAK</b> 6:30am - 6:45am	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 2:00pm - 2:15pm
<b>Lap/Open Swim</b> 6:45am - 9:00am 4 LAP / 2 OPEN	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>Lap/Open Swim</b> 6:45am - 9:00am 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 6:45am - 9:00am 4 LAP / 2 OPEN	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>Lap/Open Swim</b> 10:00am - 2:00pm 4 LAP	<b>Lap/Open Swim</b> 2:15am - 4:45pm 4 LAP/2 OPEN
<b>Fun &amp; Fit (Faith)</b> 9:00am - 9:45am 4 LANES	<b>Lap/Open Swim</b> 6:45am - 9:45am 4 LAP / 2 OPEN	<b>Fun &amp; Fit (Faith)</b> 9:00am - 9:45am 4 LANES	<b>Fun &amp; Fit (Faith)</b> 9:00am - 9:45am 4 LANES	<b>Lap/Open Swim</b> 6:45am - 8:00am 4 LAP	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>CLOSES AT</b> 4:45 pm
<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>GUARD BREAK</b> 9:45am - 10:00am	<b>CLOSED</b> 8:00am - 12:00pm	<b>Lap/Open Swim</b> 2:15am - 4:45pm 4 LAP/2 OPEN	
<b>Total Body (Faith)</b> 10:00am - 10:45 3 LANES	<b>Lap/Open Swim</b> 10:00am- 2:00pm 4 LAP/2 OPEN	<b>Total Body (Faith)</b> 10:00am - 10:45 3 LANES	<b>Total Body (Faith)</b> 10:00am - 10:45 3 LANES	<b>Lap/Open Swim</b> 12:00pm - 2:00pm 4 LAP / 2 OPEN	<b>CLOSES AT</b> 4:45 pm	
<b>Lap/Open Swim</b> 10:45pm - 2:00pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 2:00pm - 2:15 pm	<b>Lap/Open Swim</b> 10:45pm - 2:00pm 4 LAP/2 OPEN	<b>Lap/Open Swim</b> 10:45pm - 2:00pm 4 LAP/2 OPEN	<b>GUARD BREAK</b> 2:00pm - 2:15 pm		
<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>Lap/Open Swim</b> 2:15 pm - 6:30pm 4 LAP / 2 OPEN	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>Lap/Open Swim</b> 2:15 pm - 6:30pm 4 LAP / 2 OPEN		
<b>Lap/Open Swim</b> 2:15 pm - 6:30pm 4 LAP / 2 OPEN	<b>GUARD BREAK</b> 6:30pm - 6:45pm	<b>Lap/Open Swim</b> 2:15 pm - 3:45pm 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 2:15 pm - 3:45pm 4 LAP / 2 OPEN	<b>GUARD BREAK</b> 6:30pm - 6:45pm		
<b>GUARD BREAK</b> 6:30pm - 6:45pm	<b>Lap/Open Swim</b> 6:45pm - 8:45pm 4 LAP / 2 OPEN	<b>CLOSES AT</b> 3:45 pm (Subject to change, check for updates)	<b>CLOSES AT</b> 3:45 pm (Subject to change, check for updates)	<b>Lap/Open Swim</b> 6:45pm - 8:45pm 4 LAP / 2 OPEN		
<b>Lap/Open Swim</b> 6:45pm - 8:45pm 4 LAP / 2 OPEN	<b>CLOSES AT</b> 8:45 pm			<b>CLOSES AT</b> 8:45 pm		
<b>CLOSES AT</b> 8:45 pm						

Schedules be released on a weekly basis.

Revision Date 4/26/2024

**Schedules will be released on a weekly basis.**

*Revision Date 4/26/2024*

## **YMCA OF HARRISON COUNTY POOL GUIDELINES**

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- There is no lap swimming allowed in the therapy pool.
- All pool schedules are subject to change.
- \*Swim lessons are dependent upon enrollment and may be cancelled. Must register